

Parishville And Hopkinton News And Notes

BY HELEN CONDON
265-2482

Dear Readers,
Monday we celebrated Martin Luther King day and the emphasis was on educating children in the meaning of Dr. King's teachings and beliefs. My contention is that children don't need to be taught the beliefs, they are born with them. The problem is adults get involved and they are untaught! The prejudices of adults are inflicted on the innocent and it's too bad.

A picture of a group of protestors against Martin Luther King was shown in a local newspaper and a man in his Ku Klux Klan hood was shown. And no one was even giving dirty looks! It's enough to make my blood boil!

Looking through an old children's book entitled "Bright Eyes Bouquet of Pictures and Stories," published in Providence, R.I. in 1891, I ran across this poem about the almond and the raisin and wondered if the reference to these two foods was a representative of blacks and whites. Enclosed for your enjoyment, then...

The Almond and the Raisin
Twas an almond and a raisin,
In a dish all silver bright;
A raisin dusky purple
And an almond creamy-white.
Said the raisin to the almond,
"I was once as full of wine
As they do by a midnight
and a glossy skin was mine.
Said the almond to the raisin
"And I've a tale to tell
I was born inside a flower
And lived within a shell."
Said the raisin to the almond
"We are both from Southern

lands,
And we come once more together
Having fallen in foreign hands."
"Don't you think we ought to marry?"

I am sure 'twould be as well
Though you have lost your juices
And I have lost my shell."
Said the almond to the raisin
It is my dearest wish."
That's why you always find them
Side by side within the dish.
For the sake of our integrity let's
take a lesson partially given by the
Red Publishers and live side by
side on the earth in peace with all
our fellow men.

Over 21 interested people attend-

Hopkinton Board Reorganizes For 1987

HOPKINTON — The reorganizational meeting of the Hopkinton Town Board for 1987 was held Jan. 12 at the town hall.

Present were Supervisor Francis Lyon, Town Clerk Vickie French, councilmen Richard Eakins, James Tharrett and Ernest Wood, Highway Superintendent Hubert Boulds, and Historian Sarah Powers.

Also present were town justices Ira Miller and Erwin Zahler. Councilman Terry Bellinger was absent. Attending the meeting were members of the Parishville and Hopkinton rescue squads. Most of the town of Hopkinton will now be covered by the Tri-Town Rescue Squad, 389-4311.

The White Hill and Catherineville area of the town will still be covered by the Parishville squad.

ed the planning meeting of advanced emergency care and CPR which the Parishville Volunteer Rescue is offering. Instructor Karen Premo from Brasher will be working with the students for about eight weeks every Sunday at 12:30 at the Parishville Firemen's Hall on Rattman Road. Karen brings the course to different groups all year long, including Girl Scout leaders, coaches, teachers and rescue squad members. She has a great sense of humor and quips, while working with the dummy "Annie."

"Shake the person lightly, feel for air exchange. If the person wakes up immediately upon your arrival it could be the most embar-

rassing moment of your life, or the best, you never know," she said.

Karen told the students that the shortage of blood is becoming a real problem, so asked them if they would all consider giving blood the next time a drive was in the area. Sharon Bearce, a registered nurse and member of the rescue squad, noted that you could donate your own blood to be saved and used for your personal uses later on if needed. It is marked and set aside for that purpose. Connie Harper said Karen taught his course to the rescue squad two and three years ago and the students loved it.

You don't have to be a member of the rescue squad to take this course. Chris Arnold and Terry

Sweeney are taking it to become lifeguards. You must, however, be 16 years of age.

So it isn't too late to join the group, just show up next Sunday at 12:30 for the first lesson. It is free of charge except for a \$5 charge for

the second edition Red Cross Advanced First Aid book.

Anyone with news for next week's column is asked to call Helen Condon at 265-2482 by Jan. 23.

COUPON COOKBOOK CORNER

Marion Joyce



Most nutritionists are stressing the benefits of using natural foods whenever possible. Welch's Purple Grape Juice is 100% juice with no sugar added. It is naturally sweet. Not only is Purple Grape Juice a great starter in the morning, but it's very versatile. It can be blended with other seasonings to make delicious sauces for meat fish and poultry. You can also use it as an alternative to cooking with wine. American cuisine has become an innovative melting pot with its roots being influenced by many foreign cultures. This simple and economical entree comes alive with the blending of American grape juice and Oriental seasoning. The grape juice actually enhances the flavor of the Oriental spices.

FLANK STEAK ORIENTAL

- | | |
|----------------------------------|--|
| 2 pounds flank steak, scored | 1-1/2 teaspoons sugar |
| 1 small clove garlic | 1 teaspoon finely chopped fresh ginger |
| 1/8 teaspoon pepper | 1/4 cup sliced green onions |
| 1 cup Welch's Purple Grape Juice | Curly leaf lettuce for garnish |
| 1/4 cup soy sauce | Green onion "brushes" for garnish |

Rub steak with garlic. Season with pepper. Grill 4 inches from heat, turning once, until beef is of desired doneness. Meanwhile, combine grape juice, soy sauce, sherry and cornstarch in medium saucepan. Cook, stirring, until thickened and smooth. Add sugar, ginger and green onions; cook briefly. Place lettuce on warmed serving platter. Arrange beef on top of lettuce leaves; spoon sauce over beef. Garnish with green onion "brushes". Serve with rice, if desired. Makes 6 servings.

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PRACTICING — Chris Arnold gets some resuscitation practice on the dummy "Annie" at the first meeting of an advanced medical training and CPR course being offered in Parishville. (Helen Condon photo)

Richard Compo; health officer, Dr. Susan Badenhausen; sanitary landfill employee, Frederick Mourick; garbage pick-up, Brother's Rubbish Removal; dog warden, Robert Judware; library clerk, Kathy Benham; uniform fire prevention and building code inspector, Donal Tebo.

Other appointments made at the reorganizational meeting were: official banks, Key Bank, Norstar Bank of Northern New York and Marine Midland; official newspaper, Waterbury Daily Times; insurance agent, National Agents.

The dates of council meetings were set for the second Monday in each of January and February and the third Monday for each of the other months. All meetings are scheduled for 8 p.m.

The hours for the landfill from May 1 to Dec. 1 were set for 2 to 8 p.m. the first Wednesday of each month and from 8 a.m. to 4 p.m. each Saturday. Sunday hours in July and August are 2 to 7 p.m. From Dec. 1 to April 1, the landfill will be open the first Wednesday of the month from noon to 4:30 p.m. and each Saturday from 8 a.m. to 4:30 p.m.

In other matters, the minutes of the December meeting and the December financial report were approved.

Annual reports were given by the town clerk, the two justices and the town historian. Bills were paid as follows: general account, \$2,495.28; highway account, \$11,368.64; and revenue sharing, \$1,157.90.

In old business, the bid of \$260 from Raymond Parker was accepted for the 1984 truck the town is selling.

A balance of \$7,342.34 remaining in the revenue sharing account will be used for the building that will house the Tri-Town Rescue Squad vehicle and the rest will be used to toward the debt on the newly purchased truck.

Approval was given for payment and renewal on the loan for the 1985 GMC truck and for a new loan on a 1987 International truck. Both loans are with Norstar Bank.

The next Hopkinton Town Board meeting will be at 8 p.m. Feb. 9.

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