

Community Events

AEROBICS CLASSES
Jan. 6, 8 — Potsdam Recreation aerobics registration and classes Tuesday (tonight) 6:30-7 registration, 7-8 class; Thursday 6:30-7 registration, 7-8 class. Potsdam Middle School, fees \$20 for one night weekly, \$40 for two nights weekly, course lasts 15 weeks. Contact Laurie Thornton, instructor, 353-6610; or Potsdam Recreation, 265-4030.

HILLTOPPERS' DANCE
Jan. 7 — The Parishville Hilltoppers senior citizens club will hold a dance from 7 to 11:30 p.m. Wednesday in the Parishville Town Hall. Music will be by Ofange Blossom Special. Doughnuts, coffee and tea will be served. All senior citizens' are welcome.

YOUTH COUNCIL
Jan. 7 — The Madrid-Waddington Youth Council steering committee will meet at 7:30 p.m. Wednesday in the Waddington Municipal Building. Anyone interested in working with the communities' youth is encouraged to attend.

ARTEXHIBIT
Jan. 7 — Paintings and drawings by local high school students will be on exhibit at the Massena Public Library Jan. 7-16. There will be a public reception in honor of the artists from 4:30 to 8:30 p.m. on Wednesday. For more information, call the library at 757-9914.

WOMEN'S GLOW
Jan. 7 — The Women's Glow will hold its monthly luncheon meeting at 11 a.m. Wednesday at the Woodlands, Route 37, Riverside Drive, Ogdensburg. Mrs. Lois Wells, vice president of the chapter, will be guest speaker. Reservations can be made by calling Claire Brown at 393-3566. Price of the luncheon is \$3.25. Babysitting will be in the nursery of the Park Street Assembly of God church, 929 Park St., across from John F. Kennedy Elementary School. Women of all denominational backgrounds are invited to attend.

LADIES AID MEETING
Jan. 8 — The Ladies Aid Society of the

Parishville United Methodist Church will meet at 7:30 p.m. Thursday at the home of Jane Daby.

SENIORS TO MEET
Jan. 8 — The regular meeting of the St. Lawrence County Council of Senior Citizens will be at 9:30 a.m. Thursday in the cafeteria of Midtown Apartments in Potsdam. There will be installation of officers for 1987 with Joseph Sears, director of the county Office for the Aging, presiding.

TRAPPERS MEET
Jan. 8 — The St. Lawrence County Trappers Association will have a full business meeting at 7:30 p.m. Thursday at the Elms Restaurant, Route 37 in Louisville. The public is invited.

NORFOLK JOLLYAGERS
Jan. 8 — Norfolk Jollyaggers will meet Thursday with a covered dish supper at 6 p.m. in the Raymondville Community Hall. Bring a can of food for the needy. Bingo will be played.

COUNTY PLANNERS
Jan. 8 — St. Lawrence County Planning Board meets at 7:30 p.m. Thursday in Room 208, H.B. Smith Building, Judson Street, Canton.

VEGA CHAPTER MEETING
Jan. 9 — Vega Chapter No. 98 of the Order of the Eastern Star in Potsdam will hold its first meeting of 1987 at 8 p.m. Friday in the chapter rooms. The new slate of officers will be installed. Officers are asked to wear long, white gloves. There will be a social hour following the meeting.

BP CHECKS
Jan. 9 — A free blood pressure screening clinic, sponsored by CATCH (Community Action for Tracing and Controlling Hypertension), will be held from 1 to 3 p.m. Friday at Kinney Drugs in Potsdam.

LEADER TRAINING
Jan. 10 — Cub Scout leader basic training will be offered from 8 a.m. to 5 p.m. Saturday at the United Methodist Church, 10 Prospect St., Norwood. All untrained den leaders, cub masters and committee members are welcome. For more in-

formation, call Richard Drake at 386-4377 or Eileen VanDuyne at 353-4591.

COUNTRY DANCING
Jan. 10 — New England Country Dancing will be at 8 p.m. Saturday at Trinity Episcopal Church, Maple Street in Potsdam. All dances are taught. Everyone is welcome; Admission is \$3.

P-H SCHOOL BOARD
Jan. 12 — Parishville-Hopkinton Central School District board of education will meet at 7:30 p.m. Monday in the teachers' room at the school.

LA LECHE LEAGUE
Jan. 13 — La Leche League holds the first meeting in its series entitled "The Advantages of Breastfeeding to Mother and Baby," at 9:30 a.m. Tuesday at 9 Lawrence Ave., Potsdam. Call 353-3178 or 265-6851 for more information. All mothers, mothers-to-be and children are welcome.

PNEUMOCOCCAL VACCINE CLINIC
Jan. 13 — St. Lawrence County Public Health Nursing Service will offer the pneumococcal vaccine from 9:30-11:30 a.m. Tuesday in Midtown Apartments, Potsdam. This vaccine is intended for immunization against diseases caused by pneumococcus; it is available to all persons 55 and over. Persons 18-54 will be provided the vaccine if their medical history indicates a need for it. If under 18, parents must provide consent. The vaccine is administered by a registered nurse. A physician and a nurse will accompany the child and sign for each immunization received. A donation of \$3 is accepted to help defray the high cost of the vaccine.

N-N PTSA
Jan. 15 — The Norwood-Norfolk Parent Teacher Student Association (PTSA) is organizing a program at 7:30 p.m. Thursday at the high school. It will feature the three building principals who will discuss the state Regents Action Plan and its

effects on the district's K 12 curricula. An executive meeting at 7 p.m. will precede the program.

CHURCH SUPPER
Jan. 15 — There will be a supper to benefit the Parishville United Methodist Church at 5:30 p.m. Thursday at the Parishville Town Hall. Donation is \$3 for adults and \$1.50 for children. The public is welcome.

WEST POINT SINGERS
Jan. 16 — The United States Military

Academy Glee Club from West Point will perform at 7:30 p.m. Friday in Hosmer Hall, Potsdam College. For free tickets write to Army ROC, P.O. Box 5154, Potsdam, 13676. Include self-addressed, stamped envelope.

SOLO TO MEET
Jan. 17 — SOLO singles club will sponsor a talk on midlife crisis by the Rev. Max Coats at 7:30 p.m., Saturday in the Canton Newman Center.

Any single person may attend, no matter what your age; some day we all may go through this stage in our life. Coffee and conversation will follow.

BP CHECKS
Jan. 23 — A free blood pressure screening clinic sponsored by CATCH (Community Action for Tracing and Controlling Hypertension) will be held from 10 a.m. to noon Friday at Fay's Drugs in Potsdam.

PUPPY OF THE WEEK...
Mutchkin is an 8 week old Beagle mix puppy. She has black, brown and white hair and her first vaccination. She's very small but cute, loveable and spunky. She came to the shelter with her 4 siblings and they are being adopted fast. All are very sociable and will be small to medium sized when grown. To see Mutchkin is to love her — come and find out for yourself.



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9 Market St., Potsdam
For The POTSDAM HUMANE SOCIETY
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DOG OF THE WEEK...
Gypsy is a female Husky/Shepherd mix, with fine, short white, brown and black hair. A fun loving dog, very attractive and with a considerable amount of energy. She's about 11 months old, loves to play, and her distemper shots are up to date. A perfect country dog.



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CAT OF THE WEEK...
Farrand is a beautiful butterscotch colored female, 8 or 9 months old and has her first vaccination. She has a great personality, is very affectionate, and gets along well with other cats. She came to the shelter as a stray and was never claimed. Farrand would be a lovely addition in both looks and personality to your home.



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Midtown Notes

Jenny Collins had a surprise visit from her daughter Sally and family on Dec. 27. She had Christmas dinner with Sandy and Paul LaShomb.

Gladys Page also had a nice reunion with her out-of-town family over the holidays.

Georgia and Margaret LaShomb had a special pre-Christmas dinner to accommodate their families.

Margaret LaShomb spent Christmas with her daughter in Massena, while Georgia entertained her son Charles and family at home.

Ruth Thomas was a guest of her daughter and family, Mr. and Mrs. Orrin Caswell, and spent several days with them.

On Saturday the 27th, Ruth Thomas, Margaret LaShomb, Mildred DeShaw and Annette Becker went out for a breakfast to a restaurant in Raymondville and met Walt and Oleta Shatraw and Bun and Nancy who arrive minutes before us.

Callers at Walt and Oleta Shatraw's were Connie and Tim Butler, Ed Fountain, Joan and Leon Shatraw, Ronnie and Autumn Shatraw, Gay Hanson, Irene Enslow, Bun and Nancy Shatraw and Bob and Edith Tyler and daughter, Patti Noble from Georgia, who is leaving the first of the year for British Columbia, to work.

Hazel Sweeney spent seven

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Sunday Rock North And South

BY DOROTHY AYERS
262-2455

Sympathy is extended to the family of Elburn Bullis and the families of Mrs. Betty Stark and Mrs. Mary Ramsey.

Seems as though the older one grows the more one tends to think of Christmases past. In the spirit of nostalgia we looked into Mother's scrapbook. Here is the Colton news for some week in January 1948:

"Kenneth Wadleigh, a sophomore at high school is convalescing at the home of his parents, Mr. and Mrs. Kenneth Wadleigh, Potsdam, after undergoing an appendix operation last Monday at Potsdam Hospital.

"Mr. and Mrs. Kenneth Morrow and son Gary are now located at Daytona Beach, Fla., and are greatly enjoying their first season in a tropical climate.

"New cars noticed in town this week are a DeSoto, Suburban purchased by Roland Saucier; a six passenger Dodge Coupe driven by Mrs. M.P. Hawley and a 1947 Chevrolet coach recently acquired by Everett McEwen.

"Arrangements have been completed for a card party for the benefit of St. Patrick's Church to be held Thursday, Jan. 29, in the Hepburn Library Hall. Bridge, pedro, five hundred and pinocle will be played, refreshments served and prizes awarded. All are cordially invited to attend.

"Mr. and Mrs. Morris Hawley called on Mr. and Mrs. William Ressler and family in Cranberry Lake last Thursday.

"Father Hagan of Norwood said the masses here and at So. Colton Sunday while Rev. Father Doonan was in Norwood to give a series of talks to Knights of Columbus who were participating in a Day of Reflection.

"Mrs. Herbert Reed was hostess at a 500 party at her home last Friday night for the benefit of Zion Episcopal Guild. Seven tables were in play. Refreshments were served and prizes were awarded to: Agnes Leary, Mrs. James Sullivan, James Sullivan and Bernard Mc-

Nutrition Menu

The St. Lawrence County Office for the Aging nutrition program in Potsdam serves lunches at noon each weekday in the cafeteria of Midtown Apartments, Munson and Waverly streets. Reservations are appreciated at 265-2870.

This week's menu is:

Wednesday — Chicken and biscuits, rice pilaf, squash, strawberry-rhubarb pie.

Thursday — Baked ham, baked beans, cauliflower, chocolate pudding.

Friday — Baked haddock, cheese ravioli, spinach, birthday cake.

Monday — Swiss steak, hash browns, broccoli, purple plums.

Tuesday — Liver and onions, macaroni and cheese, stewed tomatoes, butterscotch squares.

Fresh or water-pack fruit is available daily.