

Canton-Potsdam Hospital Offering Quality Services

Continued From Page 9

"Alcohol Facts," during the second half of 1985. Approximately 10,000 envelope enclosures were distributed monthly via employers and service agencies, and similar messages were carried by media public service announcements, and reprinted in employee and general circulation publications.

COMMUNITY SERVICE — The hospital and local rescue squads held monthly meetings to discuss specific medical topics, and to work together in a practical and cooperative way.

The hospital and the county Office for the Aging received a SNAP (Supplemental Nutrition Assistance Program) grant, which will allow elderly patients to have hospital-prepared, special diet meals, delivered to their homes by the county's home meal program.

In order to inform Medicare patients about a new Medicare payment system, Canton-Potsdam Hospital is distributing a pamphlet explaining the upcoming changes. The new system, called Diagnostic Related Groups (DRGs), went into effect on Jan. 1, 1986. Individuals or groups may contact the hospital relations office (265-3300, or 1-800-545-3300), for free copies. Individuals may also phone the hospital's "DRG Helpline" for answers to specific questions, using either of the above phone numbers.

Other community programs include: **Blood Pressure Checks** — Offered Monday through Friday, 8 a.m. to 4 p.m., in the radiology reception office. The next time you are in the hospital, or in the area, take a moment for this free service. One of the quickest, easiest and most effective ways to protect your health.

Cardiac Clinic — Offered once per month, a cardiologist from the University of Vermont Medical Center, joins hospital staff in offering a consultation to the patients. Co-sponsored by the hospital and the American Heart Association, there is no charge to the patient. All patients are referred by a local physician.

Childbirth Classes — Hospital sponsored classes, as well as local community classes, are available. For details call 265-3300, extension 2006 or 2007.

Diet Workshop — Sponsored by the Potsdam Hospital Guild, this group meets weekly to work on losing weight and learning to keep pounds off. An effective program. For more information, phone evenings to Phyllis Brown, 328-4156.

Health Resources Listing — For reference to clinics, physicians, specialists, health organizations or other health services, call the hospital, 265-3300. The Communication Center keeps an extensive file of reference numbers.

Heart Risk Factor Screening Clinic — A cooperative effort of the American Heart Association and the hospital, these clinics provide a thorough screening for heart risk, includes laboratory work at a modest cost. Usually held twice a year. It could save your life — call Ann Davis, 265-8922 for the time of the next screening clinic and more details.

Infant Safety Seats — Car seats are available, on 30 day loan, for all infants leaving the hospital. There is no charge. The seats are a gift from the Potsdam New Car Dealers Association.

Medical Explorer Post 404 — The Medical Explorer Post provides an opportunity for high school students to learn more about health career opportunities, as well as social interaction, leadership and community service. Contact Harry Laing at the Norfolk Medical Office (384-3206), or the Scout office in Canton (386-4571).

Toll Free Number — For persons

outside the local calling area, medical and business calls may be made toll free throughout New York State to the hospital on 1-800-545-3300. Please, no personal calls or calls to patients on this line.

Tours — School groups and clubs, children and adults, are encouraged to come for a guided tour. We will adjust the tour to suit your group. Phone Debbie Thayer, hospital relations, 265-3300, extension 5401.

Health Scope Film Series — Members of the medical staff offer public film and discussion programs on specific topics, open to all persons, approximately three times per year.

MEDICAL EQUIPMENT — Continuing an on-going program of updating medical equipment, the hospital acquired a number of major pieces of equipment in 1985.

One new technology, utilizing high frequency sound waves to pulverize kidney stones, will provide patients at Canton-Potsdam Hospital a less traumatic alternative to conventional surgery. Dr. Jack E. Ebanl, urologist, received extensive training and experience with the techniques during his residency program at New York University Medical Center.

Called ultrasonic lithotripsy, the procedure utilizes a nephroscope, a long, thin instrument inserted into the kidney after a one-half inch opening has been created by a special needle. Through the nephroscope, the urologist can use a fiber-optic light source and viewer to directly view the inside of the kidney. Using special instruments, the doctor may be able to grasp the stone and pull it out through the nephroscope. If the stone is large, the ultrasonic

lithotripter can be used, allowing the sound waves to be aimed at the stone to shatter the stone.

Once crushed, the stone fragments may be removed by a combination of suction and irrigation.

This technique, and a related procedure called ureteroscopy, can be used to remove a variety of types of stones in the kidney, bladder and ureter, as well as examine and provide treatment to these areas for other problems, such as tumors.

Other medical equipment acquired includes a hyper/hypothermia unit, a fiberoptic laryngoscope to more safely intubate certain types of patients, a new anesthesia machine, and a new recovery room monitor.

In the laboratory, a major purchase was a new chemistry analyzer. Also acquired were a new blood bank refrigerator, and a histomatic tissue processor used for preserving tissue specimens.

Equipment for arthroscopic knee surgery was added, as well as a second fetal heart monitor for obstetrics and a second defibrillator for emergency services. In echocardiography, a new transducer was purchased to provide greater accuracy in heart studies of heavy-set patients, and an improved transducer was also purchased for the ultrasound equipment. Many of these purchases were made possible by gifts to the Campaign Fund.

A \$4,000 federal grant was used to purchase about 80 medical reference books to bolster the hospital library's selection. The grant from the National Library of Medicine and the Department of

Health and Human Services will be used to update general medical references at the hospital's medical library.

HOSPITAL EMPLOYEES — Nancy C. Crumling, a nursing administrator from Pennsylvania, accepted the position of vice president for nursing services at Canton-Potsdam Hospital.

Crumling most recently served as vice president for nursing services at the 431 bed Wilkes Barre, Pa. General Hospital, and previously was assistant director of nursing services at the Presbyterian-University of Pennsylvania Medical Center, Philadelphia. Holding a diploma in nursing, a bachelor's degree in nursing, and a masters of science in nursing with a major in nursing administration from the University of Pennsylvania, Crumling has also held administrative positions at the Milton S. Hershey Medical Center, Hershey, Pa., and Albany Medical Center. She replaced Keitha J.

MacIntire, who reigned the vice president post to assume the duties of director of social services.

Carol A. Renninger was named controller of Canton-Potsdam Hospital. She replaced Myron P. Sharp, who recently left the hospital to become controller of Cortland Memorial Hospital.

James E. Vanderpoel was named director of medical records at Canton-Potsdam Hospital. Patricia Stein assumed the duties of head nurse on the obstetrical unit, replacing Peg Newtown, who retired after 34 years of service.

Other retirees in 1985 were Elizabeth Blood, a registered nurse at the hospital since 1958 and director of social services since 1974, and Ruth Taylor, a registered nurse with more than 25 years of service. Also retiring were housekeeper Doris Cox (20 years) and maintenance supervisor Lewis Gonyea (26 years).

During the fall, service and maintenance workers voted to reject a bid by the Teamsters Union to serve as their bargaining agent, and to continue to deal directly with the hospital. In December, the New York State Nurses Association

and the hospital reached agreement on a two-year contract covering registered nurses.

Hospital President C. Ward Stevens was selected to serve on the Central New York Health Systems Agency Regional Review Committee, and was also named to the Executive Committee, Hospital Association of New York State Board of Trustees.

BOARD OF DIRECTORS — Thomas F. Coakley and Joel C. Merriman were elected to the Canton-Potsdam Hospital Board of Directors.

Elected as officers of the board were William Sloan, chairman, E. Stanley Howlett, III, vice chairman, Eileen Elmer, secretary, and Morris Pinto, treasurer.

Eight persons were elected as corporate members of the Canton-Potsdam Hospital. Elected were Dr. John Baker, Potsdam; LeRoy Hansen, Potsdam; Ralph Janaro, Potsdam; Frank and Anne Plakor, Canton; John Schorge, Hannawa Falls; Christopher Theodore, Potsdam; and Harold Wilder, Canton.

Continued On Page 11

Nate's Auto Parts Celebrates 51st Year

Nate's Auto parts is celebrating its 51st year with NAPA, and its 52nd year as the largest auto parts firm in the North Country.

The Auto Parts and repair firm is highlighting its celebration by drawing attention to the firms new additions.

The firm offers a complete automotive service department. A front end alignment machine is run-by Gordon Bogart who has 14 years experience on aligning front ends. Supervisor of the service department, Guy Mills, has been in the Automechanic business for 29 years. The most recent acquisition of equipment in the firm, is a fully computerized engine analyzer. The engine analyzer has the ability to test every electrical aspect of a car. Both Domestic and Foreign cars, can have road testing and

computer read out monitored on the analyzer.

Another unique service Nate's offers their customers, is their midnight express. If they do not have a part you need, they order it that day, and you will have it by 7:30 a.m. the next morning.

President Larry Sarkin indicates that they have more than just an auto parts store. Nate's possesses an automotive machine shop that has the capabilities to completely rebuild an engine as well as alternators and starters. They repair large construction hydraulic hoses, radiators, gas tanks, trucks, motorcycles, small engines, and tractors.

With seven mechanics in the service department, Sarkin says the service can provide a range of services for car owners.

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STATEMENT OF CONDITION

December 31, 1985

ASSETS

Mortgage Loans and Other Liens on Real Estate	\$13,383,262
All Other Loans	1,924,045
Real Estate Owned and in Judgement	19,589
Loans and Contracts made to Facilitate Sale of Real Estate	none
Cash on Hand and in Banks	107,265
Investments and Securities	6,100,000
Fixed Assets Less Depreciation	73,173
Deferred Charges and Other Assets	503,170
TOTAL	\$22,110,504

LIABILITIES

Savings Accounts	\$20,924,932
Advances from Federal Home Loan Bank	none
Other Borrowed Money	none
Loans in Process	97,433
Other Liabilities	105,562
Deferred Income	343,035
Specific Reserves	none
General Reserves	none
Surplus	639,542
TOTAL	\$22,110,504

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