

# Malone Sweeps Indoor Track Meet

The Potsdam High School boys and girls Indoor Track teams finished fourth and fifth respectively in the NAC meet Jan. 25 at St. Lawrence University.

The girls team, laden with injuries and illness, had many key performers missing from the lineup or competing at below normal levels. Despite such hardships,

## sports

### Hockey Luncheon

CANTON — St. Lawrence University hockey coach Mike McShane will lead the guest list Friday as the Saints Hockey Boosters sponsor a buffet luncheon at noon in the Best Western University Inn's Laurentian Room.

Cost of the luncheon is \$5 per person, payable at the door.

In addition to the Saint mentor, RPI coach Mike Addesa, Clarkson's Bill O'Flaherty and Vermont boss Mike Gilligan are also expected to address the group.

This is a big weekend in ECAC hockey and the coaches will be busy with their own teams. The national championship will be held in the director's study at the school, who released information concerning the event. "We are hoping that it will be an excellent pregame activity to kick off the weekend."

they managed to score 57.5 points, their best showing this year.

Malone won the meet with 75 points, followed by Thousand Islands, 64, Norwood-Norfolk, 60, Gouverneur, 58, Potsdam, 57.5, Ogdensburg, 55, Canton, 46, Salmon River, 25, and Massena, 24.5.

Tracy Darmstadt led the girls' efforts with first place finishes in the 55 meter dash (7.1) and 300 meter dash (42.7). Darmstadt also anchored Potsdam's winning mile relay team, which consisted of Kathy McNamara, Joanne Egan, and Hania Dubinsky.

Third place finishers were Marci Jones in the shot put, with a new school record toss of 28'8.5", and the two mile relay team of Egan, Dubinsky, Liz Hourihan, and Beth Carl in a new school record time of 11:10.

Fourth place finishers were Dubinsky in the 600 M dash (1:50.1), freshman Kelly Talcott in the 55 M dash (8.0), and Anna Lin in the triple jump, breaking her own school record with a 30'9.5" effort.

Malone swept the meet, winning the boys competition with 121 points. Following the Huskies were OFA, 107, N-N, 72, Potsdam, 51.5, Canton, 37.5, Thousand Islands, 25, Massena, 5, and Salmon River, 0.

Dave Dumas and Winton Budington led the boys team with second place showings in the 3200 M run and the shot put, respectively. The girls' team placed fourth in the 400 M dash.

Third places were picked up by sophomore John Herrick in the 55 M dash (6.8) and John Tyler with a new school record in the triple

jump (38'3.5").

Fourth place finishers were: Dumas in the 1600 run (4:45); Mike Sharlow in the 55 dash (7.0), Tyler, with another school indoor record, in the long jump (19'2.25"), in the hurdles (8.8). Rich Cary tied for fourth in the high jump with a leap of 5'3".

Coach Brian Peiley is pleased with his team's efforts. "Any night a team sets six new school records, a coach has to be proud, and I certainly am," said Peiley. "It is fun watching the athletes test their own limits and improve each week."

"Malone is the class of the league in the boys competition, but I think that those Husky girls are in for a big orange and blue surprise when we field our first team," predicted Peiley.

### GIRLS MEET

Team Totals: Malone 75, Thousand Islands 64, Norwood-Norfolk 60, Gouverneur 58, Potsdam 57.5, OFA 55, Canton 46, Salmon River 25, Massena 24.5.

### BOYS MEET

Team Totals: Malone 121, OFA 107, Norwood-Norfolk 72, Potsdam 51.5, Gouverneur 37.5, Canton 37.5, Thousand Islands 25, Massena 5, Salmon River 0.

# Ski Trail Notes

BY JERRY C. LEEK

The 11th annual Potsdam Langlauf held last Saturday morning was the usual success. About 50 participated in a nice but rather cold winter day. In the men's overall 20 kilometer race, Brian Sanders edged out Bob Axtell by five seconds with a time of 59:48.

In the women's overall 10 K race, Sandy Von Allmen bested Debbie Sheffe 34:57 to 41:10. Paula Jensen-Moulton was a close third. Dan Domihic took the men's 10 K race in the 20 to 29 age group, Dave Butler the 30 to 39 age group, and Tony Tyler the 40 to 49 age group.

In the women's 10 K race, Terry Wojcik won in the 20 to 29 age group, Sandra Von Allmen won the 30 to 39 age group with Debbie Sheffe and Jensen-Moulton coming second and third respectively. There were no entries in the women's 20K race.

In the men's 20 K race, Axtell came in first in the over 50 age group, Dick Mooers in the 40 to 49 age group, and Sanders, the 30 to 39 age group.

In the three K race, Albert Jensen-Moulton won the overall under age 12, and Mary Kay Fuhr and Christine Leek came in second and third respectively. Albert Jensen-Moulton was first in the 10 and 11 age group for boys, and Lee was first in the same age group for girls.

Jessica Jensen-Moulton was first in the eight and nine year old girls, and Fuhr was first in the 12 and 13 year old girls.

The foot and half of snow that came down this past week made for some really great cross country skiing. The trails were all well groomed and packed for good downslope runs. The alpine ski area at Clarkson Seven Springs is also open and in full operation.

Now that the cold has moderated, there are some real fine ski conditions for alpine and nordic skiing. While there was no big storm, there has been about two weeks of constant flurries, squalls and light snow. All of this snow came to about two to three feet of snow for

most ski areas. As a consequence of this intermittent snow, nearly all alpine ski areas are in full operation. In some cases, all but a few trails are open, and in other areas, all trails are open.

In Northern Vermont, which got the greatest amount of the recent snows, all lifts and trails are open. Jay Peak, for example, has all 30 trails open with excellent conditions. Stowe finally is reporting that all of its trails are open including all of the expert trails on Mt. Mansfield. Burke has all but one trail open, and all trails are open at Mad River and Bolton Valley.

Farther south, Sugarbush, which reported last week that it had 32 trails open at press time, now has 72 of 78 trails open. Killington is presently at 82 trails open out of the 100 trails.

In New York, there is a similar pattern except that those ski areas in snow belt areas really got hit. It is estimated that Snowridge, near Turin, got four to five feet. Cross Country skiing in the Western Adirondacks is really super with at least three feet of snow at most locations.

Reports from Boonville and Old Forge state that things are sensational. Needless to say everything nordic is all open in Northern, Western, and Central New York. In the alpine areas where there is a steep pitch and now snowmaking, there are still some trails that are closed, but it should be noted that these trails are few in number, and one more small storm of high consistency snow should open them.

Whiteface now has 20 trails open, Tupper 17 and Gore 28. All trails are open at Titus Mountain.

Finally, in Eastern Canada, except for the Eastern Townships, there is a tremendous base because these areas were not affected by the Christmas week thaw as other ski areas of the northeastern United States were. Since the weather has warmed up and the wind died down, I would not hesitate to ski in Eastern Canada, especially in the Laurentians.

### Lifesaving, Jobs

Potsdam Recreation will be offering Advanced Lifesaving Course starting Feb. 15 from 7-9 p.m. at Merritt Pool, Potsdam College campus.

Anyone 16 years or older must register through the Recreation Office at 265-4030.

Potsdam Recreation Commission will be taking job applications Feb. 1 through March 10 for summer employment. Applications may be picked up at M.V.P. Sports, Potsdam High School front office, or at the Pine Street Arena.

If you have any questions please call Scott Smalling at the Recreation Office, 265-4030.

### SANDSTONE REALTY is pleased to announce



that Helen DePinto is now associated with the firm. Helen is a graduate of Indiana University, and taught in Indiana before moving to New York State. She has been involved in real estate sales for the past several years in Potsdam. Helen is married to Professor Joseph V. DePinto and they reside with their children on Elm Street in Potsdam.

# Bell One Bright Star For Bears

BY DAN WILLIAMS

Brian Bell. He's easy to find on the ice. Just look to where the action is. Number 11 will probably be there. And with two opponents shadowing him.

The senior co-captain for the Potsdam College hockey team is rapidly approaching the all-time school career scoring record of 156 points, held by Denis Marcoux. As of Jan. 27, he needs eight more points.

A native of Montreal, Bell has attained his success through hard work and determination. Despite lacking brilliant speed or a magic shot, the 5'9", 175 pound left wing has scored 25 goals and assisted on 36 others in 21 games this year. And he played with a painful shoulder injury during the early stages of the season.

He is leading the ECAC Division II and the New York Collegiate Hockey Association (NYCHA) in scoring this year. Last year, he dominated the post-season honor roll, winning Player of the Year awards in three leagues (ECAC, NYCHA, and SUNYAC).

Bell recently set a Potsdam school record for most points in a game when he embarrassed a

Hobart College goaltender by scoring four goals and registering four assists for eight points in a 14-8 Bear win.

He contributed a goal and three assists on Jan. 22 in a rare 5-2 upset win for Potsdam in Plattsburgh, the nation's second ranked Division II squad.

"Brian Bell's in a class by himself because he's a hard worker. He plays as hard as anyone I've ever seen. His work ethics allow him to achieve the success he's had," said Potsdam's Coach John Horan.

"I'd say he's a strong skater," continued Horan. "He has tremendous balance, he shoots the puck well, but he doesn't possess the outstanding shot some goal scorers have."

Bell owes much of his success, he admits, to his linemates, Chuck Callahan and Mike Henry.

"I highly respect my linemates. I've played with Mike Henry for two years. A lot of my success is due to his hard work. We complement each other well," said Bell.

Lately, the All-American candidate has found rough going on the ice. "In the last three games I've noticed teams are getting more

physical with me," he said.

Both Oswego State and RIT have shadowed the star forward for entire games. And on Jan. 18, Canisius roughed up Bell.

"In the Canisius game, I especially noticed the physical play teams are employing against me. I got pretty banged up," said Bell, who responded to the tough defense by picking up three assists in a 5-3 Potsdam victory.

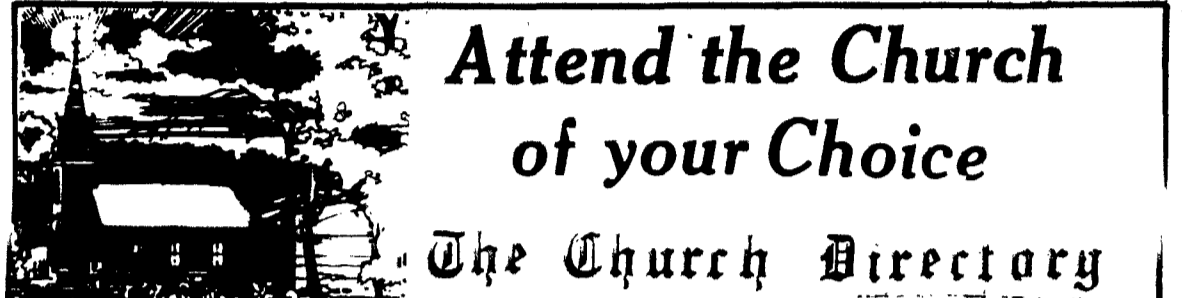
Bell agrees with his coach that his hard work habits have lifted him to high honors.

"I feel my hard work and desire to win has been the key to any success I own," reflected Bell.

The popular 22-year-old has aspirations to play professional hockey, either in the NHL or overseas.

But, the most important immediate goal for Bell is Potsdam earning a repeat appearance in the ECAC playoffs. The team, after losing twice last weekend, needs to win all five of their remaining games to earn the spot in the West playoff bracket.

When Bell leaves Potsdam, he will take the record book with him. Along with some fine memories sketched in Bear fans' heads.



# Attend the Church of your Choice

## The Church Directory

<b>POTSDAM</b> <b>BETHEL CONGREGATION</b> 81 Market St. Friday Evening 7:30 p.m. <b>CHURCH OF THE NAZARENE</b> Rev. Dennis L. King 265-7443 Rt. 72 at 56 South Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evening Worship 7 p.m. <b>EMMANUEL BAPTIST CHURCH</b> May Road, P.O. Box 230 Potsdam, N.Y. 13676 265-5346 Rev. Michael Cloer, Pastor, 265-7278 Sunday School 9:30 a.m. Morning Worship 10:45 a.m. Morning Worship 10:45 a.m. Body Building 5 p.m. Evening Worship 6 p.m. Mid Week Worship 7:30 p.m. <b>ST. MARY'S CATHOLIC CHURCH</b> Msgr. William J. Argy, 265-9680 20 Lawrence Avenue West Potsdam 4:30 p.m. (Saturday) Anticipated Sunday 7:30 a.m., 9, 11 a.m. Confessions Saturday 3:30 to 4:00 and 7:30 to 8:00 p.m. Nursery Service at 9 and 11 a.m. Masses.	<b>CHURCH OF CHRIST</b> Rt. 118, 11 Miles E. of Potsdam (Meets in home) Phone 265-4774 or 265-6908 11 a.m. — Lord's Day Worship Fellowship following. <b>NORFOLK</b> <b>NORFOLK CHURCH OF THE VISITATION</b> Rev. John P. Kennehan, Pastor Anticipated Sunday Mass 7 p.m. Sunday Masses 8 a.m. and 10 a.m. Anticipated Holy Day Mass 7 a.m. Holy Day Masses 9 a.m. and 5:15 p.m. <b>NORFOLK WESLEYAN CHURCH</b> Rev. Royal Mattoon Sunday School 10 a.m. Sunday Service 11 a.m. and 7 p.m. Wednesday Prayer 7 p.m. <b>UNITED METHODIST CHURCH</b> NORFOLK Rev. James M. Brand 9:45 a.m. — Sunday School 11 a.m. — Worship Service <b>UNITED METHODIST CHURCH</b> RAYMONDVILLE Rev. James M. Brand Sunday Morning Worship 9:30 a.m. <b>SAINT RAYMOND'S CHURCH</b> RAYMONDVILLE Rev. Dennis J. Jones, Pastor Sunday Masses Sat. at 6 p.m. Sunday at 9 and 11 a.m.	<b>MADRID WADDINGTON</b> <b>FIRST PRESBYTERIAN CHURCH, WADDINGTON</b> <b>SCOTCH PRESBYTERIAN CHURCH, CHIPMAN</b> Church School 9:25 a.m. In the Scotch Presbyterian Church. Sunday Worship Service 11 a.m. January, February, May, June, September, October, worship in Scotch Presbyterian Church; March, April, July, August, November, December, worship in Waddington Church. <b>ST. MARY'S CATHOLIC CHURCH</b> Waddington Msgr. Robert Giroux Sunday Masses 8:30 a.m. and 10:30 a.m. Anticipated Mass Saturday 7 p.m. <b>UNITED CHURCH OF MADRID</b> Madrid, N.Y. Pastor, Rev. Betsy Mowry Church School 9:45 a.m. Worship 11 a.m. <b>UNITED METHODIST CHURCH</b> Rev. William McCaffery Morning Worship Services 11 a.m.	<b>LAWRENCEVILLE</b> <b>LAWRENCEVILLE BAPTIST CHURCH</b> Pastor: John Sullivan Sunday School 10 a.m. Sunday Morning Services 11 a.m. Sunday Night Services 7:30 p.m. Thurs. Night Bible Study 7 p.m. <b>COLTON</b> <b>ST. PATRICK'S CHURCH</b> Colton Rev. James Sturteff Sunday Anticipated Mass at 4:30 p.m. Sunday Mass at 11 a.m. <b>WESLEYAN CHURCH</b> Colton Rev. Richard Starks 262-2618 Sunday School 10 a.m. Sunday Worship 11 a.m. Evening Service 6 p.m. Wed. Prayer Time 6 p.m. Fri. Evening Young Adult Bible Study 7 p.m.
<b>ST. PHILIP'S EPISCOPAL</b> South Main St., Norwood The Rev. Lawrence B. Jones, 262-8633 Sunday 9 a.m. Holy Eucharist, Church School, Coffee Hour Thursday 10 a.m. Holy Eucharist, Healing Service <b>ZION EPISCOPAL CHURCH</b> Main Street Rev. Lawrence B. Jones 262-8633 Sunday Eucharist 9 a.m. <b>ST. ANDREW'S CATHOLIC CHURCH</b> Norwood Msgr. George Phillips Masses: Saturday, 6:30 p.m. Sunday, 8 a.m., 10 a.m. Daily Masses 11 a.m. Confessions before all Masses and Saturday at 4:30 to 5 p.m.	<b>ST. PAUL'S CHURCH</b> Rev. James Sturteff Saturday Anticipated Mass during summer months and hunting season at 7 p.m. Sunday Mass at 9:30 a.m. <b>SOUTH COLTON COMMUNITY CHURCH</b> Rev. Wm. Cuthbert Services at 9 a.m., Sunday School 10 a.m. <b>PARISHVILLE</b> <b>PARISHVILLE UNITED METHODIST CHURCH</b> Pastor: Janet R. Gibbs 9:30 a.m. — Sunday School 11 a.m. — Worship Service <b>FIRST BAPTIST CHURCH</b> Parishville, N.Y. Pastor: Estelle Clark Sunday School 9:45 a.m. Morning Worship 11 a.m. Evening Service 7 p.m. Wednesday Evening Prayer Meeting 7 p.m. <b>ST. MICHAEL'S CHURCH</b> Parishville, N.Y. 13672 Telephone: (315) 265-9447 or (315) 228-4511 Administrator: Rev. Joseph W. Elliott Liturgy Schedule: Sat. (Ant.) 4:30 p.m.; Sun. 9 a.m.; Daily: As announced.	<b>WEST STOCKHOLM METHODIST CHURCH</b> Rev. Janet R. Gibbs 9:30 a.m. — Worship Service 10:30 a.m. — Sunday School <b>BROOKDALE</b> <b>BROOKDALE WESLEYAN CHURCH</b> Brookdale Rev. Mark Barlett Sunday School 10 a.m. Sunday Services 11 a.m. and 7:30 p.m. Midweek Wednesday 6:30 p.m. <b>HOPKINTON</b> <b>FIRST CONGREGATIONAL CHURCH OF HOPKINTON</b> Charles Garner Sunday School at 9:15 a.m. Morning Worship Service at 10:30 a.m. <b>THE CHURCH OF THE HOLY CROSS</b> Telephone: 228-4511 or (315) 265-9447 Administrator: Rev. Joseph W. Elliott Liturgy Schedule: Sat. (Antic.) 7 p.m.; Sunday: 11 a.m.; Daily: As Announced. The listing of church services has been compiled by the staff of the Courier and Freeman from a number of sources. It is possible that the times of some services may have been changed since the information was first compiled, or that services at some churches have been omitted entirely. Therefore, we ask that readers check carefully the times listed for services in their churches and, if incorrect, notify us of the correct information by calling 265-6000. In addition, ministers in the Courier and Freeman circulation area whose churches are not listed at all may call 265-6000, and the information will be listed in future pages.	
<b>TRINITY CHURCH</b> Fall Island, Potsdam Phone 265-5754 Sunday: 10 a.m. Parish Eucharist Nursery provided Breakfast Wednesday: 9 a.m. Holy Eucharist 5:30 p.m. E.V.C. 7 p.m.: Choir Rehearsal <b>JEHOVAH'S WITNESSES</b> Kingdom Hall Rt. 11, 2 miles North of Potsdam Sunday Lectures 10 a.m. Watchtower Study 11 a.m. Mid-Week Services Tuesday 8 p.m. and Thursday 7:30 p.m.	<b>RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)</b> Newman Center, Potsdam Worship 1 p.m. Sundays iys Pot Luck Supper following. All Welcome. <b>UNITARIAN UNIVERSALIST CHURCH</b> E. Main St., Canton 266-2496, 8478 Rev. Max Coors, Minister Sunday Service 10:45 a.m. Church School 10:30 a.m. <b>FIRST PRESBYTERIAN CHURCH</b> Corner of Elm and Lawrence The Rev. Keith R. Conover, Pastor <b>SUNDAYS</b> 9:45 a.m. — Westminster Choir 11 a.m. — Worship Service 12 noon — Fellowship and Refreshments in the Church Center. Call 265-7424 to be placed on mailing list of church events. 10 a.m. — Church School, Nursery <b>AMERICAN BAPTIST MEETING HOUSE (First Baptist)</b> 24 Leroy St. Rev. Wm. R. Colthart 265-3643 Sunday Worship 10:30 a.m. Fellowship Period 11:30 a.m.	<b>THE UNITED METHODIST CHURCH,</b> 26 Main St. Pastor: Rev. W. Russell Clark Phone: 265-7474 or 265-2143 Sundays: 10 a.m. Choir Rehearsal 10 a.m.: Sunday School 11 a.m.: Adult Class 11 a.m.: Worship Service 12:10 p.m.: Junior Choir Rehearsal Friday: 6:45 p.m. Choir Rehearsal <b>THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS</b> Potsdam Ward — 21 Castle Drive Bishop — James D. Lacey Chapel Office 265-4228 Home Phone 265-8900 (Potsdam) Sacrament Meeting — 7:30 a.m. Church School — 11:30 a.m. Priesthood — 11:40 a.m.	<b>BUCKTON</b> <b>BUCKTON UNITED METHODIST CHURCH</b> Rev. Bradford Hunt Church School — 10 a.m. Worship Service — 11 a.m. <b>NICHOLVILLE</b> <b>UNITED METHODIST CHURCH</b> Nicholville Rev. Mary L. Dunn Ft. Jackson 9 a.m. Nicholville 9:45 a.m. St. Regis Falls 11 a.m. <b>BRASHER WINTHROP</b> <b>UNITED METHODIST CHURCH</b> Brasher Falls Rev. Bradford Hunt Sunday Morning Worship 8:30 a.m. Sunday School 9:30 a.m. <b>BRASHER FALLS BAPTIST CHURCH</b> Rev. Patrick Ramer Jr. Sunday School 9:45 a.m. Morning Worship 11 a.m. Wednesday Service 7:30 p.m. <b>ST. PATRICK'S CHURCH</b> Brasher Falls Father Louis C. Giesner Anticipated Evening Mass, Sat. 6 p.m. Sunday Masses 8 a.m. and 10 a.m.
<b>MADRID WADDINGTON</b> <b>ST. JOHN'S CATHOLIC CHURCH</b> Msgr. Joseph Balley Anticipated Mass: Sat. 7:30 p.m. Sunday Masses: 8 and 10:30 a.m. <b>UNITED METHODIST CHURCH</b> Waddington Rev. Robert Merritt Morning Worship 10:30 a.m.	<b>POTSDAM INSURANCE AGENCY</b> 3 Pleasant St. Potsdam, N.Y. <b>D.L. THOMAS KITCHEN &amp; BATES</b> Outer Market Street Potsdam, N.Y. <b>THE ST. LAWRENCE NATIONAL BANK</b>	<b>ROBAR'S TIRE SERVICE</b> Delta Tires Complete Muffler and Exhaust System 140 Maple St. Potsdam, N.Y. 265-9170 <b>P&amp;C MARKETS, INC.</b> Potsdam, N.Y. Potsdam Plaza	

# Radio Shack

## PLUS COMPUTER CENTER

TRS-80® SALES LEASING ACCESSORIES

# SALE! WHISPER-QUIET COLOR INK-JET PRINTER

## Save \$300

CGP-220

# 399.00

Reg. 699.00

AS LOW AS \$20 PER MONTH

- High-Resolution Ink-Jet System for Vivid Graphics in Seven Colors
- Text Mode Prints 37 Characters per Second
- Super-Quiet, Dependable Operation
- No Ribbons to Wear Out or Become Contaminated
- Programmable in BASIC Language
- Color Computer-Compatible and Standard Parallel Interfaces

**Seaway Shop. Ctr.**

**Ogdensburg** 393-2939

PRICES APPLY AT RADIO SHACK COMPUTER CENTERS AND PARTICIPATING STORES AND DEALERS