

Community Events

BIBLE SERVICES
Jan. and Feb. - Non-demonstrational Bible services will be held each Friday at 7:30 p.m. at the Racquette River hall. All are welcome. Services conducted by Carl Williams and Tim Vaughan. The fire hall is located on Rt. 56 opposite the turn to Potsdam Paper Corp.

TEEN DIET WORKSHOP
Wednesdays-Teen Diet Workshop meets on Wednesdays at 2:30 p.m. in room 121 at Potsdam High School.

SUICIDERS ANONYMOUS
Saturdays-Suiciders Anonymous, a self-help group, meets weekly on Saturday at 8:30 p.m. in the Newman Center, Potsdam. For more information call Reachout at 268-2999 or Lois at 265-3659.

PARENTS ANONYMOUS
Every Tuesday-Parents Anonymous, Potsdam Chapter, meets from 7-9 p.m. Location or information available by calling 353-2038. For parents who lose their cool with their kids. No fees, no dues, Child care provided. A non-profit, non-agency program offering a crisis intervention program.

DANCE CLUB
Every Friday-Skirts 'N' Flirts square and round dance club meets at Canton Banford Elementary School. Class from 7 to 8:30 p.m.; club level from 8:30 to 11 p.m.

SWEET ADELINES
Wednesdays-The Prospective St. Lawrence Chapter of Sweet Adelines holds rehearsals every Wednesday at 7 p.m. in the Presbyterian Community Center, Lawrence Ave. and Elm St., Potsdam. New members are welcome. For further information, please call Joanne Swift, at 265-6364 or Karen Gay at 386-2651.

CIVIL AIR PATROL
Thursday evenings-Civil Air Patrol meets at 7 p.m. at the Potsdam Fire station. The unit is an auxiliary of the U.S. Air Force, and provides emergency services and search and rescue operations. For more information call G.A. Hartle at 265-7605.

BIRTHRIGHT
Feb. 27-March 6-Birthright volunteers will be available to assist with problem pregnancy cases in this area; they may be contacted Monday through Saturday evenings from 7:30 p.m. to 10 p.m. by calling 265-4510. All services are completely confidential and without charge.

SLC AWARENESS
Feb. 27-The St. Lawrence Central Awareness Group will meet at 7:30 p.m. at St. Lawrence Central School. Parents or any community residents of the St. Lawrence Central School District interested in discussing recreational activities for the youth in our area are welcome to attend.

SENIOR CITIZENS DANCE
Feb. 28-Senior citizens dance from 8-11 p.m. Wednesday at the DeKalb Junction Grange Hall, music by Ralph and the Goldenaires. Everyone, young and old, is welcome.

LITERARY DISCUSSION GROUP
March 1-Literary Discussion Group will meet Thursday at 7:30 p.m. at Jean Kilroy's home, 2 East Drive. Readings to be discussed are "The Colonel's Lady," by W. Somerset Maugham, "The Wall," by Jean-Paul Sartre and "The Adulterous Woman," by Albert Camus.

PRAYER SERVICE
March 2-World Day of Prayer service at 7:30 p.m. Friday at the American Baptist Meeting House, 24 Leroy St. Speaker is Dr. Dalma Brunauer.

LEGION DANCE
March 2-American Legion will sponsor a dance from 9 p.m. to 1 a.m. Friday in the American Legion Hall, Norwood. Music by the Orange Blossom Special. Tickets \$1.

OPEN HOUSE
March 4-Open house from 1-4 p.m. Sunday in the Norwood recreational building, to view the facilities and discuss the program. Bring skates.

READING CLINIC
March 5-The School of Education at the State University College at Potsdam will sponsor a free public reading clinic to be held twice a week from 4-5 p.m.

Workshop Set On Stress Reduction

The Council for Women's Concerns of the Associated Colleges of the St. Lawrence Valley will sponsor a lecture and demonstration by Dr. David Shiverick on stress reduction skills on Wednesday, March 14 at 7:30 p.m. in the Fireside Lounge of the College Union of State University at Potsdam. Among the problem solving techniques to be demonstrated are: self-hypnosis, cognition patterns which signal stress, and relaxation exercises. The objectives of the lecture are to not only teach at a theoretical level, but to help individuals learn techniques which they will begin to use in their own lives for self-improvement.

For further information contact Ms. C. Kelley 268-2944 or Ms. K. Sukaneck 265-2730.

START LOSING WEIGHT TODAY

The hardest part of losing weight is getting started. New extra-strength SUPER ODRINEX will give you the power that extra push it needs to start losing weight today. Begin with this amazing try tablet. You'll eat less--turn food and excess fat into burned-up energy instead of extra weight as you follow the Plan. Clinically proven effective, the SUPER ODRINEX Reducing Plan will enable you to lose pounds and inches without getting nervous. To lose water bloat and puffiness during the pre-menstrual cycle try ODRINEX "A Natural Water Pill". Both sold with money back guarantee.

Kinney Drugs

beginning March 5. Those interested may register or obtain further information by calling 268-2770 or 268-4890.

FAMILY DAY CARE
March 5-The St. Lawrence County Family Day Care Program will be having its organizational meeting on Monday, at 7:30 p.m. in the downstairs social hall of the Unitarian Church on East Main Street in Canton. All interested persons are asked to attend. For more information, contact 386-8834.

TAXATION TOPIC
March 5-The St. Lawrence Chapter of AAVW will have its regular meeting at 8 p.m. Monday. The subject of the discussion will be Taxation: From "No Taxation Without Representation" to "Help-Too Much Taxation." Meeting will be at the home of Mrs. Reva Kerker, 4 Hillcrest Dr., Potsdam.

ALTAR AND ROSARY
March 5-St. Mary's Altar and Rosary Society members will attend the 5:15 p.m. Mass at St. Mary's Church Monday. The Mass will be offered for Society members, living and deceased, and will be followed by an informal potluck supper in Fr. Marron Hall. Hot soup and beverages will be provided; those attending should bring their own table service, sandwiches, and cookies, and anything they care to share. A short business meeting and a long "visiting-time" will follow.

SHARED LEARNING
March 5-The fourth film and discussion group in the Shared Learning program at the middle school is "Making the Home a Very Special Learning Place." It will be shown 9:30 a.m. on March 5, and at 7:30 p.m. March 6, and 7:30 p.m. March 8 at the

A.A. Kingston Middle School cafeteria. Refreshments will be available. It is sponsored by the parents committee for shared learning. It is not necessary to have attended prior sessions to see this film.

LACLECHE LEAGUE
March 6-Potsdam La Leche League will hold an evening meeting at 8 p.m. Tuesday at the home of Cathy Minnetyan, 23 Chestnut St., Potsdam. All new and prospective mothers are welcome for information and discussion on breast feeding and mothering. For more information call 265-6851 or 265-4495.

BENEFITS UMW
March 7-A household products party will benefit the United Methodist Women at 10:30 a.m. in the South Colton Community Center. Mary Fisher,

hostess, 262-2337.
HILLTOPPERS SUPPER
March 7-The Parishville-Hopkinton Hilltoppers will hold a covered dish supper followed by dancing at the Parishville Town Hall at 6 p.m. Music will be provided by the Mockingbirds. Please bring your own covered dish and table service.

BENEFIT JEWELRY SHOW
March 11-There will be a fund-raising Sarah Coventry fashion show put on by Supervisor Shirley Metcalf at the Newman Center Sunday evening, at 7 p.m. The new line of jewelry will be shown. All proceeds will go to the Newman Center. Door prizes and refreshments. Everyone welcome.

NEEDLEWORK EXHIBIT
March 11- Preview opening of

needlework exhibition, Monday at Silas Wright House and Museum Canton, from 2-5 p.m. Refreshments will be served.

CARD PARTY
March 14-Card party, Silas Wright House and Museum, Wednesday at 7:30 p.m. Donation: \$2 Refreshments will be served. Call 386-2760 for reservations.

ST. PATRICK'S DAY DANCE
March 17-Annual St. Patrick's Day Dance at Fiacco's, held by Home and School Association of St. Mary's School. Buffet dinner at 7 p.m.; dancing from 9 p.m. to 1 a.m., with music by the Melody Markers. Tickets \$12 per couple; contact Rita and Bill Manning or Theresa and Ross Logan. General chairmen in charge of arrangements are Marie and Bob Regan.

Kinney Drugs

WINTER CLEARANCE

RED ARROWS POINT TO SPECIALS

KINNEY DISCOUNT PRICES AT 21 "NEAR YOU" STORES THRU MARCH 3, 1979

<p>WILD BIRD FOOD 5 LBS. .68 REG. .89 -10 LBS. 1.37 REG. 1.69</p> <p>SUNFLOWER SEEDS 2 LBS. .67 REG. .87</p> <p>SAVAGE ICE SCRAPER .37 REG. .67</p> <p>SUPER SWEEP SNOW BRUSH 1.79 REG. 2.29</p> <p>INSTANT STARTING FLUID 16 OZ. .69 REG. .99</p> <p>BOOSTER CABLE KBC-31 8.99-7.19 KBC-19 4.59-3.99 KBC-13 1.00 OFF ALL SIZES KBC-11 3.99 REG. 5.44</p> <p>SNOWMOBILE OIL 1 QT. .99 REG. 1.33</p> <p>SNOW SHOVELS 3.99 REG. 5.44</p> <p>FIREPLACE MATCHES 90 CT. .59 REG. .89</p>	<p>promax PROFESSIONAL 1200 ONLY 20.88 WITH 4.00 REBATE 16.88 YOUR ACTUAL COST</p> <p>max 1000 ONLY 12.99 WITH 4.00 REBATE 8.99 YOUR ACTUAL COST</p>	<p>SAVE 45¢ STRI-DEX MEDICATED PADS 79¢ REG. 1.24 LIMIT 2</p> <p>SAVE 48¢ 36 CONGESPERIN CHEWABLE COLD TABLETS FOR CHILDREN 69¢ REG. 1.17 LIMIT 2</p> <p>foamy SHAVE CREAM 11 OZ. 99¢ REG. 1.49 LIMIT 2 OF CHOICE</p> <p>SAVE 22¢ Colgate Large Size 5 Ounces 77¢ REG. 99¢ LIMIT 2</p> <p>SAVE 50¢ COLGATE'S mersene 40 PLUS 8 FREE PACKETS DENTURE CLEANSER 89¢ REG. 1.39 LIMIT 2</p> <p>SAVE 1.00 Save on DI-GEL 100 TABLETS OR 12 OZ. LIQUID REG. OR LEMON/ ORANGE 99¢ REG. 1.99 LIMIT 2 OF CHOICE</p>
<p>SAVE 60¢ 30% MORE FREE RIGHT GUARD DEODORANT 5 OZ. + 1/4 OZ. 1.04 REG. 1.64 LIMIT 2</p> <p>SAVE 80¢ Artthritis Pain Formula 100'S 1.67 REG. 2.47 LIMIT 2</p> <p>SAVE 45¢ MISS BRECK LASTING HOLD 4 OZ. SCENTED AND UNSCENTED LIMIT 2 OF CHOICE 79¢ REG. 1.24</p> <p>SAVE 60¢ 10 OZ. DENTAL RINSE 1.37 REG. 1.97 LIMIT 2</p> <p>SAVE 20¢ 30 REG. CHERRY OR HONEY-LEMON 53¢ REG. 73¢ LIMIT 2 OF CHOICE</p>	<p>SAVE 25¢ 12 EXP. 35mm Fujicolor Print Film 94¢ REG. 1.19 LIMIT 2</p> <p>SAVE 2.00 e.p.t. DIRECT AID 6 OZ. 84¢ REG. 1.34 OR X-DRY LOTION 10 OZ. 1.19 REG. 1.69 LIMIT 2 OF CHOICE</p>	<p>SAVE 30¢ BETTY CROCKER REGULAR BROWNIE MIX 22.5 OZ. 88¢ REG. 1.18 LIMIT 2</p> <p>SAVE 20¢ BETTY CROCKER Blueberry MUFFIN MIX 13 1/2 OZ. 69¢ REG. 89¢ LIMIT 2</p> <p>SAVE 55¢ NABISCO PREMIUM SALTINE CRACKERS IN 4 RECLOSEABLE BAGS 99¢ REG. 77¢ EA. LIMIT 2</p> <p>SAVE 92¢ GLASS CLEANER 6 (7/8 OZ.) BARS OR PACK OF 6 (8.1 OZ.) MILK DUDS 2/88¢ REG. 90¢ EA. LIMIT 3 OF CHOICE</p>
<p>SAVE 70¢ Clairol THE PROTECTION SYSTEM FOR YOUR HAIR condition shampoo 16 oz. 1.18 REG. 1.88 LIMIT 2</p> <p>SAVE 70¢ Super-Tuff Odor-Eaters Extra Durable For Sneakers, Sport & Work Shoes 50¢ CASH REFUND OFFER IN PACKAGE 1.09 REG. 1.79 LIMIT 2</p>	<p>SAVE 80¢ Lysol SPRAY DISINFECTANT ELIMINATES ODORS • KILLS HOUSEHOLD GERMS ON ENVIRONMENTAL SURFACES • PREVENTS MOLD AND MILDEW 1.77 REG. 2.57 LIMIT 2</p>	<p>SAVE 50¢ KINNEY DRUG COUPON</p> <p>SANI-FLUSH TOILET BOWL CLEANER 48 OZ. 89¢ REG. 1.09 LIMIT 1 PER COUPON</p> <p>SAVE 20¢ W/COUPON THRU MAR. 3</p>