

Community Events

BIBLE SERVICES

Jan. and Feb. - Non-demonstrational Bible services will be held each Friday at 7:30 p.m. at the Racquette River fire hall. All are welcome. Services conducted by Carl Williams and Tim Vaughan. The fire hall is located on Rt. 56 opposite the turn to Potsdam Paper Corp.

TEEN DIET WORKSHOP

Wednesdays-Teen Diet Workshop meets on Wednesdays at 2:30 p.m. in room 121 at Potsdam High School.

SUICIDERS ANONYMOUS

Saturdays-Suiciders Anonymous, a self-help group, meets weekly on Saturday at 8:30 p.m. in the Newman Center, Potsdam. For more information call Reachout at 268-2999 or Lois at 265-3659.

PARENTS ANONYMOUS

Every Tuesday-Parents Anonymous, Potsdam Chapter, meets from 7-9 p.m. Location or information available by calling 353-2038. For parents who lose their cool with their kids. No fees, no dues, Child care provided. A non-profit, non-agency program offering a crisis intervention program.

DANCE CLUB

Every Friday-Skirts 'N' Flirts square and round dance club meets at Canton Banford Elementary School. Class from 7 to 8:30 p.m.; club level from 8:30 to 11 p.m.

AMERICAN LEGION

Feb. 13- Potsdam Post 74, American Legion will hold its regular meeting at 7:30 p.m. Tuesday in the club rooms.

SWEET ADELINES

Wednesdays-The Prospective St. Lawrence Chapter of Sweet Adelines holds rehearsals every Wednesday at 7 p.m. in the Presbyterian Community Center, Lawrence Ave. and Elm St., Potsdam. New members are welcome. For further information, please call Joanne Switt, at 265-6364 or Karen Gay at 386-2651.

NORFOLK TOPS

Every Tuesday-Norfolk TOPS, Chapter 472, meets at 6:30 p.m. in Hepburn Library Hall. New members welcome.

WHAT CHEER LODGE

Feb. 20- What Cheer Lodge 689, Norwood, will meet Tuesday, at 7:30 p.m. The program will be on George Washington.

RESCUE SQUAD AUXILIARY

Feb. 21- Potsdam Rescue Squad Auxiliary will hold its regular meeting at 7:30 p.m. Wednesday in the squad building on Cottage Street.

DANCE

Feb. 21-The Parishville Hilltoppers will hold a dance from 7:30 p.m. to 11 p.m. at the Parishville Town Hall, with music provided by the Mockingbirds. Coffee and donuts will be served.

MUSEUM PROGRAM

Feb. 22- Talk at the Potsdam Museum by Dr. James Letvitt, State University College, Potsdam on "George Washington as a Youth." 7:30 p.m., refreshments.

CARD PARTY

Feb. 23- St. Regis Falls Adult Center will hold a card party beginning at 7 p.m. Friday at the center. Pinochle, bridge, Pedro or any game of your choice. \$1 donation to benefit the center. Refreshments and prizes.

DANCE

Feb. 23- Dance at Norwood American Legion from 9 p.m. to 1 a.m. Members and guests welcome, \$1 admission. Music by Orange Blossom Special.

RUMMAGE SALE

Feb. 23-24-American Legion Auxiliary Post 925, Norfolk, will hold a rummage sale on Friday and Saturday at the Legion hall. To donate items call Bea Carr, at 384-4692.

FOOD SALE

Feb. 24- Food sale from 10 a.m. to 3 p.m. at the Hepburn Library Hall in Norfolk, benefit of the Altar Rosary Society, of the Church of the Visitation, Norfolk. Cabbage Rolls, hot dishes, breads, rolls, pies, cakes, cookies and donuts will be sold.

DANCE

Feb. 24- Parishville Hilltoppers dance from 8 p.m. to midnight at the Parishville Town Hall. Music by Barbara Day and the Country Cousins. Please bring sandwiches.

MUSEUM PROGRAM

Feb. 25- Talk at the Potsdam Museum by William K. Verner, curator, Adirondack Museum, on "Woods and Waters: Outdoor Life in the Adirondacks." 2 p.m., refreshments.

FRUIT SALE

Until Feb. 26- Citrus Fruit Sale by the St. Lawrence Masonic Charities, Inc. Orders taken by members of the local lodges through Feb. 26. Fruit delivered second week of March. In Potsdam, call Loyd Hollister or Howard Gebb. In Norwood, call David Colbert or Lloyd King. In Norfolk-Raymondville, call Jay Clark or Raymond Stafford.

WOMEN'S RELIEF CORPS

Feb. 27-Women's Relief Corps No. 91 will hold a covered dish luncheon at 12:30 p.m. Tuesday, with meeting to follow at 1:30 p.m. Both events to take place in the American Legion Rooms at the Civic Center, Potsdam. All members are urged to attend.

LA LECHE LEAGUE

Feb. 27- Potsdam LaLeche League will be holding a morning meeting at 9:30 a.m. at the home of Cathy Minnetyan, 23 Chestnut St. All new and prospective mothers are welcome for information and a discussion on breast feeding and mothering. For further information, call 265-6851 or 265-4495. An announcement in last week's Community Events, proclaiming a Feb. 20 meeting, was incorrect. There will not be a meeting that date.

READING CLINIC

March 5- The School of Education at the State University College at Potsdam will sponsor a free public reading clinic to be held twice a week from 4-6 p.m. beginning March 5. Those interested may register or obtain further information by calling 268-2770 or 268-4890.

Openings will be filled on a first-come, first-serve basis.

TAXATION TOPIC

March 5- The St. Lawrence Chapter of AAVW will have its regular meeting at 8 p.m. Monday. The subject of the discussion will be Taxation: From "No Taxation Without Representation" to "Help-Too Much Taxation." Meeting will be at the home of Mrs. Reva Kerker, 4 Hillcrest Dr., Potsdam.

NEEDLEWORK EXHIBIT

March 11- Preview opening of needlework exhibition Monday at Silas Wright House and Museum Canton, from 2-5 p.m. Refreshments will be served.

CARD PARTY

March 14- Card party, Silas Wright House and Museum, Wednesday at 7:30 p.m. Donation: \$2 Refreshments will be served. Call 386-2780 for reservations.



SHIRTS FOR SALE-Two students at the Research and Demonstration Center (RADC) in Potsdam model T-shirts and sweatshirts being sold by the students to finance an outdoor education project at Star Lake. Shown are Josh Wachler, left, and Lorien Klein, wearing the shirts with the school's initials on them. For more information call Jane Peacock, 353-9909. (Betsy Baker photo).

Kick The Habit With Five Day Stop Smoking Plan

Smokers who want to kick the habit will have their chance March 4-8, under a special five-day plan to be conducted in the Potsdam State University by Pastor Hardy Loomis, health education director of the Seventh-day Adventist Churches in this area, also a member of the public education committee of the American Cancer Society, in charge of Stop Smoking Clinics in St. Lawrence County.

The plan consists of regular evening group therapy sessions and a daily personal control program for home or work. It has been successfully in cities all across the United States and Canada and in most countries of the world. It has been featured in Time, Newsweek, Pageant, and many of the nation's leading newspapers. The five-day plan to stop smoking features such topics as

the psychological and physical aspects of the habit, how craving can be lessened, how will power can be strengthened, physical effects of smoking, organization of a buddy system, and many other techniques designed to break the habit within a five-day period.

The program sessions will be held from 7:30-9 p.m. each evening beginning Sunday, March 4, at Potsdam State University in the Fireside Lounge of the College Union. There is a \$5 registration fee. To register call 386-8757 or 268-2648. Sponsored by the Seven-day Adventist Church, in cooperation with the Potsdam State University, The American Cancer Society and The American Heart Association, the five-day plan is a public service to help improve the health of the community.

Kinney Drugs

DOUBLE DIGIT SAVINGS

KINNEY DISCOUNT PRICES AT 21 "NEAR YOU" STORES THRU FEB. 24, 1979

<p>SAVE 34¢</p> <p>BUTTERMILK SOAP</p> <p>BUTTERMILK SANDALWOOD OAT-MEAL</p> <p>BOX OF 3 3.2 OZ. BARS</p> <p>REG. 77¢</p> <p>37¢ EA.</p>	<p>Problem Nails?</p> <p>CHIPPING / SPLITTING CRACKING</p> <p>Sally Hansen HARD as NAILS</p> <p>Brushes on a strong protective coating that helps strengthen nails and make them chip resistant. Lets nails grow out long and beautiful!</p> <p>6 SHADES 4.5 FL. OZ.</p> <p>YOUR CHOICE</p> <p>REG. 77¢</p>	<p>SAVE 33¢</p> <p>CRICKET</p> <p>SUPER CRICKET</p> <p>REG. .99</p> <p>66¢</p>	<p>SAVE 29¢</p> <p>Durafine</p> <p>6 PIECE KNIFE SET BY ONTARIO KNIFE</p> <p>REG. 6.99</p> <p>4.99</p>	
<p>SAVE 51¢</p> <p>Rolaids</p> <p>75 ANTACID TABLETS PEPPERMINT OR SPEARMINT</p> <p>REG. 1.39</p> <p>88¢</p>	<p>SAVE 24¢</p> <p>Scrubbee</p> <p>SCOURING PADS</p> <p>VALUE PACK 102 VALUE</p> <p>7 PADS 3x3x1/2 IN.</p> <p>REG. .79</p> <p>55¢</p>	<p>Unisonic XL-101</p> <p>10 DIGIT ONE MEMORY DESK-TOP CALCULATOR</p> <p>REG. 24.99</p> <p>18.99</p>	<p>SAVE 1.91</p> <p>TAYLOR HUMIDIGUIDE</p> <p>NO. 5502</p> <p>REG. 4.79</p> <p>2.88</p>	
<p>SAVE 48¢</p> <p>POWERS</p> <p>POWER'S MENTHOL EUCALYPTUS OR CHERRY</p> <p>COUGH DROPS</p> <p>5 OZ. BAG</p> <p>REG. 3/99</p> <p>49¢ EA.</p> <p>LIMIT 2 OF CHOICE</p>	<p>SAVE 81¢</p> <p>Flicker</p> <p>LADIES' SAFETY SHAVERS DESIGNED TO CUT HAIR... NOT SKIN</p> <p>5 BLADES</p> <p>REG. 1.69</p> <p>88¢</p>	<p>SAVE 3.97</p> <p>POLAROID ONE STEP</p> <p>THE WORLD'S SIMPLEST CAMERA</p> <p>REG. 32.97</p> <p>29.00</p> <p>LESS 5.00 TRADE-IN</p> <p>10.00 TRADE-IN ON SONAR ONE STEP & A 20.00 TRADE-IN ON SX-70 SONAR ONE STEP</p>	<p>SAVE 72¢</p> <p>NEW Jersey Gloves</p> <p>wear 50% longer than all-cotton!</p> <p>REG. 2.49</p> <p>1.77</p>	
<p>SAVE 95¢</p> <p>MALLOW CUP SMOOTHIES</p> <p>10 PK. 5 OZ.</p> <p>LIMIT 2 OF EACH</p> <p>REG. 1.50</p> <p>55¢</p>	<p>SAVE 71¢</p> <p>Ayds</p> <p>123/4 OZ. VANILLA OR CHOCOLATE</p> <p>REG. 2.37</p> <p>1.66</p>	<p>SAVE 74¢</p> <p>24 OZ. Mouthwash</p> <p>OR GARGLE</p> <p>REG. 2.29</p> <p>1.55</p>	<p>SAVE 1.18</p> <p>It helps take the trouble out of falling asleep.</p> <p>Sominex</p> <p>AMERICA'S NO. 1 SLEEP AID</p> <p>72'S</p> <p>LIMIT 2</p> <p>REG. 4.17</p> <p>2.99</p>	
<p>SAVE 13¢</p> <p>Underwood DEVILED HAM</p> <p>4 1/2 OZ.</p> <p>LIMIT 3</p> <p>REG. 68¢</p> <p>55¢</p>	<p>SAVE 43</p> <p>Clairol Living Care</p> <p>No Peroxide Color-Lotion Washes away only the gray</p> <p>11 SHADES</p> <p>REG. 1.87</p> <p>1.44</p> <p>LIMIT 2 OF CHOICE</p>	<p>SAVE 72¢</p> <p>VICKS FORMULA 440</p> <p>COUGH MIXTURE</p> <p>3 OZ.</p> <p>LIMIT 2</p> <p>REG. 1.94</p> <p>1.22</p>	<p>SAVE 1.26</p> <p>Fujichrome R100</p> <p>for speed and fine grain color.</p> <p>You get more with Fuji's 35mm slide film. Fujichrome R100, 100 ASA gives you speed plus fine grain color. You get brilliant reds, natural greens, and excellent skin tones in every daylight situation. And gain two extra hours of picture taking.</p> <p>Also available in 35 exposures Right for every light.</p> <p>REG. 4.59</p> <p>3.33</p> <p>LIMIT 2 INCLUDES PROCESSING</p>	
<p>SAVE 36¢</p> <p>CHEF BOY-AR-DEE BEEF RAVIOLI SPAGHETTI & MEATBALLS BEEFARONI</p> <p>7 1/2 OZ.</p> <p>LIMIT 6 OF CHOICE</p> <p>REG. .45 EA.</p> <p>3/99</p>	<p>SAVE 34¢</p> <p>Comstock Blueberry PIE FILLING</p> <p>21 OZ.</p> <p>LIMIT 2</p> <p>REG. 1.43</p> <p>1.09</p>	<p>SAVE 45¢</p> <p>Johnson's disposable diapers</p> <p>12 TODDLERS</p> <p>LIMIT 2</p> <p>REG. 2.11</p> <p>1.66</p>	<p>SAVE 58¢</p> <p>DRELL</p> <p>5 OZ. CONCENTRATE</p> <p>REG. 1.55</p> <p>1.15</p>	
<p>Kinney-Carhart-Wilson Coupon</p> <p>12 EXP. COLOR PRINT FILM</p> <p>DEVELOPED AND PRINTED FOR ONLY \$1.99</p> <p>Ships Coupon to Bag 1 Order Per Coupon Offer Expires 2/28/79</p>				<p>KINNEY DRUG COUPON</p> <p>Tide</p> <p>GIANT SIZE -49 OZ. (3 LB. 1 OZ.)-</p> <p>REG. 1.64</p> <p>1.39</p> <p>LIMIT 1 COUPON PER PURCHASE</p>

NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS

21 "NEAR YOU" STORES

ADAMS CAMDEN CANTON CARTHAGE GOUVERNEUR LOWVILLE MALONE MASSENA OGDENSBURG POTSDAM PULASKI WATERTOWN

OPEN NIGHTS - Sundays