

General Public Can Become Students With These SUCP Courses

Registration for matriculated undergraduate students at State University College at Potsdam will be held all day Aug. 23 and 24. Registration for graduate students, regardless of what level courses they are taking, will be held Aug. 23 from 9 a.m. to 4 p.m. in Kellas Hall. Registration for non-matriculated undergraduate students (those not enrolled in a particular degree program) will be held Aug. 25, in the Merritt Hall Main Gym from 9 a.m. until noon and 1 to 3 p.m. New students in the non-matriculated group should have with them a transcript of their most recent education and will talk with an admissions officer as they begin the process in Merritt Hall.

There will be evening registrations at the college as follows: for undergraduate courses from 7 to 8:30 p.m. Aug. 24, in Merritt Hall and for graduate courses from 7 to 8 p.m. Sept. 5 in Kellas 106. New evening students will need transcripts and previously enrolled evening students will need their identification cards when registering. Undergraduate classes will begin Aug. 25, graduate classes will begin Sept. 6 and the semester will end Dec. 21.

Questions regarding registration for credit-bearing courses offered by State University College at Potsdam on the campus should be directed to Dr. Bruce Conroe, 268-2931. Questions regarding off-campus or televised courses should be directed to the Office of Continuing Education, 286-3197.

Off-Campus Courses
Some 30 different courses for undergraduate or graduate credit in liberal studies, teacher education and music will be offered off-campus this fall by State University College at Potsdam.

The courses are being offered at seven different sites in the north country and via public television. Sites include Canton ATC, Malone Free Academy, Massena High School, Watertown High School, Jefferson Community College, Saranac Lake High School and the college's Star Lake Campus.

TV Courses
State University College at Potsdam has announced its line-up for this fall television schedule including four courses ranging from developmental Psychology, Learning Disabilities, and Film Study to a study of man's religious experience.

All of the courses will be shown on Saturdays between 8:30 a.m. and 2 p.m. over WNPE-WNPI.

"The Growing Years," a three-credit course covering the major developmental years from conception to young adulthood, will be offered for undergraduate and graduate credit. Taught by Dr. Gregory Reichhart, the course will be shown from 8:30 to 9 a.m. Saturdays and at noon on Thursdays, beginning Sept. 16.

Taught by Dr. Clayton Farrall of the School of Professional Studies, "Characteristics of Learning Disabilities" is designed to review the field of learning disabilities and present the divergent characteristics of children with perceptual, motor and conceptual problems. The course, offered for three graduate credits, will air Saturdays from 9 to 9:30 a.m. and Fridays at noon.

The "Cinematic Eye," an introductory film, will combine 14 introductory critical programs with 14 classic films from the Janus Collection. The films will include: "The Cabinet of Dr. Caligari," "The Battleship Potemkin," "Man of Aran," "M," "Jules and Jim" and others. Represented will be such directors as Eisenstein, Flaherty, Renoir, deSica, Fellini, Cocteau, Bergman, Antonini, Truffaut and others. The course will air Saturdays from 10 a.m. to 12:30 p.m. Taught by Dr. Alfred Roman, this three-credit undergraduate course will require no in-person seminars.

"The Long Search: A Study of Religions" is a series of 13 one-hour programs about man's religious experience. It features encounters with men and women of four continents who are living their faiths. The three-credit course, taught by Prof. George Easter, will include the television presentations, readings, and three or four seminars. It will air Saturdays from 1 to 2 p.m. and Sundays at 6 p.m., beginning Sept. 9.

Courses AT ATC
There is still time to register via the mail for three college credit courses to be offered by State University College at Potsdam this fall on the campus of Canton ATC.

"Biology of Aging" will be a series of lectures and discussions investigating the nature and causes of aging as it occurs in various body systems and the total organism. This course for graduate students and qualified undergraduates will be taught on Tuesday evenings by Dr. George Isenberg.

"Bereavement, Death and Dying" will also be available for graduate and qualified undergraduate students. Dr. Lou LaGrand will be the professor for this course which will examine the social and psychological implications of bereavement, death, and dying with particular emphasis on their relevance to enhancing the quality of life. The course will be offered on Thursday evenings for 12 weeks.

Dr. Poellu Dai, retired professor of Political Science, will teach "Critical Issues of World Politics" on Wednesday evenings for 112 weeks. The course for upper division and graduate credit, will deal with an in-depth analysis of major issues such as détente between the super powers, arms control, non-proliferation of nuclear weapons, population, food, shelter and the role of the United Nations.

For registration and tuition information, contact the Continuing Education Office at State University College at Potsdam or call 268-3197.

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OPPORTUNITY COLLEGE—The State University College at Potsdam is advertising its adult education programs throughout the North Country. Here, this billboard outside of Ogdensburg calls attention to the program for adults known as "Opportunity College." (Hal Stokes photo).

ATC Freshmen Arrive Saturday

CANTON—Some 1,400 freshmen will begin arriving at the Canton ATC campus this Saturday to take part in freshman orientation before the beginning of classes on Aug. 30.

Resident freshmen will arrive as follows: off-campus apartment students from 9:30 a.m. to 3 p.m.; residence hall students with initials A-I, 9:30 a.m. to 12:30 p.m.; and those with initials M-Z, 1 to 4 p.m. Orientation check-in will be held, and identification pictures will be taken in the student union. Commuter orientation sessions will be held in the theater from 3:30 to 5 p.m. and at 7 p.m.

Brunch will be served from 10:30 a.m. to 1 p.m. and dinner from 4:30 to 6 p.m., both in Chaney Dining Hall.

Dr. Earl W. MacArthur, president of Canton ATC, will officially welcome all freshmen in the gymnasium at 8 p.m. The movie "Young Frankenstein" will be shown at 9 p.m. outside the gym.

On Sunday, a mass will be offered in the theater at 10:30 a.m. A reading test,

required for all freshmen, and an English proficiency test will be given. A sports day will be held from 1:30 to 4 p.m. followed by the President's Picnic from 4 to 5:30 p.m.

"Young Frankenstein" will be shown again at 7 p.m. Sunday. A party at the Town Crier, the college pub, with music by "Second Step" will conclude the day's events.

The Monday schedule will include freshman registration from 8:30 a.m. to 2:30 p.m.; senior arrival from 1 to 4 p.m.; and a presentation by Frederick Storkas on "How to Say No to a Rapist and Survive" at 8 p.m. in the theater.

On Tuesday, seniors will register from 8:30 a.m. to 2:30 p.m. Freshmen will attend curriculum meetings from 9 to 11 a.m. and an Organizational Fair from 1:30 to 4:30 p.m. to introduce them to various campus organizations open to freshmen.

Classes begin at 8 a.m. on Aug. 30.

from the
PAMPERED KITCHEN
By Elizabeth Isenberg, Home Economist

There are many foods prized by the connoisseur. None originated in such barrenness as the ultimate in cheese, namely the blue-veined cheeses. Today, there are more than 50 varieties being made in various parts of the world. The oldest of all is Roquefort.

Roquefort cheese originated in the limestone wastelands of the Causses, which today is the Department of Aveyron in France. According to all reports, a shepherd boy was tending sheep in the area and he left a sandwich of newly-made cheese in one of the caves near the town of Roquefort, while he searched for some of his wandering sheep. It was several weeks before he remembered that sandwich and when he found it, it was covered with a blue-green mold. The cheese was now unbelievably delicious, as a result of this mold and the conditions in the cave. Today, the three great models worldwide for blue cheese are Roquefort, Stilton, and Gorgonzola.

The history of the blue veining in cheese probably dates to the era B.C. Pliny wrote about blue-veined cheese in the first century A.D. The milk used for these cheeses can be sheep's milk or milk from the goat or cow. In some cases, a mixture of all three is used. The incorporation of the mold "Penicillium roqueforti" is universal. Since 1411, however, only blue cheese from the Roquefort area in France can be called Roquefort.

All blue-veined cheeses are not alike. The milk, the fat content of the cheese, and the environmental conditions, of its manufacture all influence the consistency and the flavour. Any blue cheese is suitable for the following salad dressing. Obviously, the choice will probably be made on the basis of cost.

Serve this dressing with a mixed vegetable salad consisting of mixed greens, thinly sliced raw cauliflower, sliced cucumbers, scallions, and tomato wedges. It is a great touch for fresh summer vegetables.

Unemployment Edged Down
ALBANY—Industrial Commissioner Philip Ross, head of the state Department of Labor, said there were 349,327 persons claiming unemployment benefits under three separate programs in New York State in the week ending Aug. 4, as compared with the 349,337 the previous week.

Claims filed under all programs in the current week Aug. 4, were 121,838 below the comparable week one year ago.

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Exclusively late courses include: "Culture and Society" and "Aesthetics" at Malone; "Chaucer" at Saranac Lake and "Culture and Society," "Foundations of Education," "Evaluation of Techniques," "Remedial Techniques in Reading," "Evaluation of Learning Disabled Children," "Modern Novel," and "History in Literature" at Watertown Senior High School.

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GREASE is the word

three different weekend-type graduate courses: "Infusing Outdoor Education," "Project Active," and "Project Adventure."

This fall's outreach program includes the addition of two faculty members who have retired recently from full time teaching: Dr. Charles Lahey, professor of history, who will teach "History in Literature" in Watertown, and Dr. Poellu Dai, who will teach the "Critical Issues on International Relations" AT Canton.

Persons who have not been in a college or high school for the past three years can be admitted to try some undergraduate courses such as the "Music in Concert" courses and appropriate television courses through "Opportunity College."

Non-Credit Courses
Some 20 non-credit courses in 12 inter-area areas are being offered this fall by State University College at Potsdam's Office of Continuing Education.

The Potsdam State Gymnastics program will offer courses for three-year-old boys and girls, four-year-old girls and boys, and the Tiny Tots—children from five to seven years of age. These will be taught by Dancy Noble.

"Adult Physical Fitness" offered by Neil Johnson, emphasizes flexibility, nutrition, weight control, aerobic and weight training. Individual workouts will be planned and supervised.

David Jackman will teach "Basic Scuba Diving." All phases of basic diving will be covered, including safety, diving theory, pool work and open water checkouts. Participants must be able to swim.

There will be dance classes for all adults in ballet and modern dance. The "Ballet" will emphasize the basic positions, steps, and combinations of classical ballet. The "Modern Dance" classes are designed to increase strength, flexibility, coordination and rhythm. Sylvie Blaustein will teach both the ballet and the modern dance.

An introduction to "Darkroom Techniques for Blacks and Whites Photography" will be offered by Matt Ellsworth. The course will include the demonstration and practice of all the steps from unloading the camera through mounting a black and white print. Included will be film and paper development, chemical selection and preparation, enlarging and improving of existing photos.

"Furniture Refinishing," taught by

Ellen Burns and Mildred Eldridge, will cover a variety of techniques for removing and replacing undesired finishes. Repairs, gluing, stain removal and sanding will be included. The course allows for time to practice under supervision.

Arlene W. Correll will teach "Home Winemaking." Covered will be the legal aspects, materials, procedures, commercial and natural sources of supplies.

For nurses, the Potsdam College is again offering "Physical Assessment." Taught by Nancy Lenney, the course will deal with the application of the basic sciences of anatomy and physiology to the techniques of physical examination. The course will also include an overview of related abnormalities in each system.

"Practical Common Sense Self-Defense" taught by Neil Johnson centers around practical and simple methods that can be easily learned and applied in a short amount of time. It deals with strategy, prevention and safety precautions and maneuvers for escape.

Taught by Matt Ellsworth, "Stained Glass as a Hobby" covers both lead channel and Tiffany (copper foil)

techniques. Each participant will select or create a pattern, cut and assemble a project. The course will include ornaments, windows, panels, boxes and lamp shade.

State University College at Potsdam and the American Association of Retired Persons are jointly arranging a course for persons who will be retiring. "Pre-Retirement" will cover such topics as financial planning, social security, medicare, estate planning and wills, consumer issues, leisure time and more.

Orientation Sessions
An orientation session for part-time students at State University College at Potsdam is being planned by the Office of Continuing Education for Aug. 23 from 6:30 to 8:30 p.m.

All interested adult students are encouraged to attend the session which will be held on the State University College at Potsdam campus in 101 Carson.

The session will include valuable information on courses, procedures, resources and services for non-traditional students.

For additional information contact the Office of Continuing Education, Phone 268-3197.

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