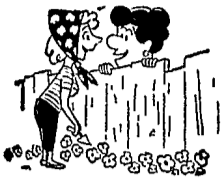


Women In The News

What's Doing?

by DEE LITTLE
Call CO 7-4325



When you're planning tomorrow's menu how about picking up your rolls or dessert at the United Helpers Home Food Sale which will be held tomorrow from 9 a.m. to 3 p.m., sponsored by the United Council of Church Women of Potsdam.

The annual Food Sale has been organized this year by Trinity Guild, under the chairmanship of Mrs. Henry Hodges. Women from all the local Protestant churches contribute sale items and it is hoped that everyone will buy!

The proceeds go to support the United Helpers Home in Ogdensburg, the only Protestant home for adults in St. Lawrence County. The home depends largely on contributions for its maintenance. The village of Potsdam is represented on its board by Mrs. Iva Ramsdell.

A total of \$100.87 was raised during the Potsdam Zonta Club's Tag Hours, it was announced at the regular monthly dinner meeting of the club held last Wednesday. It was

Beginners

GONYEA — A son, Craig Philip, was born Jan. 24, 1963 in Potsdam Hospital to Mr. and Mrs. Francis C. Gonyea, Route 2, Norwood.

HAMILTON — Twin sons, Terry Lee and Perry Don, Jr., were born Jan. 26, 1963 in Potsdam Hospital to Mr. and Mrs. Perry D. Hamilton, South Colton.

CARDINAL — A son, Randy James, was born Jan. 28, 1963 in Potsdam Hospital to Mr. and Mrs. Richard G. Cardinal, Route 2, Potsdam.

GRENIER — A son, Brent Todd, was born Jan. 28, 1963 in Potsdam Hospital to Mr. and Mrs. Albert J. Grenier, 134 Market St., Potsdam.

LAZORE — A son, Frederick Thomas, Jr., was born Jan. 29, 1963 in Potsdam Hospital to Mr. and Mrs. Frederick T. Lazore, Route 1, Chase Mills.

SNYDER — A daughter, Joann Mary, was born Jan. 28, 1963 in Potsdam Hospital to Mr. and Mrs. Robert J. Snyder, Route 3, Canton.

TISCHLER — A son, Arthur Steven, was born Jan. 31, 1963 in Potsdam Hospital to Mr. and Mrs. Albin J. Tischler, Route 3, Potsdam.

CHAMBERS — A son, Peter Joseph, was born Feb. 2, 1963 in Potsdam Hospital to Mr. and Mrs. Bernard J. Chambers, Route 1, Winthrop.

COLLINS — A son, Brian James, was born Feb. 3, 1963 in Potsdam Hospital to Dr. and Mrs. Robert M. Collins, 41 Bay St., Potsdam.

McDONALD — A daughter, Bonnie Lynn, was born Feb. 3, 1963 in Potsdam Hospital to Mr. and Mrs. Leo McDonald, West Stockholm.

RICHARDS — A daughter, Robin Lee, was born Feb. 4, 1963 in Potsdam Hospital to Mr. and Mrs. Robert R. Richards, 23 Maple St., Norwood.

PARLOW — A son, James Charles, was born Feb. 5, 1963 in Potsdam Hospital to Mr. and Mrs. James M. Parlow, 13 Bradley Dr., Potsdam.

SHATTUCK — A daughter, Brenda Lee, was born Feb. 5, 1963 in Potsdam Hospital to Mr. and Mrs. Charles D. Shattuck, Route 4, Potsdam.

BUMP — A son, Floyd Lyman, Jr., was born Feb. 5, 1963 in Potsdam Hospital to Mr. and Mrs. Floyd L. Bump, Parishville.

HAYNAL — A son, Russell Alan, was born Feb. 6, 1963 in Potsdam Hospital to Mr. and Mrs. Robert A. Haynal, 85 Elm St., Potsdam.

WHITE — A daughter, Susan Ann, was born Feb. 8, 1963 in Potsdam Hospital to Mr. and Mrs. Robert J. White, Route 1, Winthrop.

KRUK — A son, Paul Steven, was born Feb. 8, 1963 in Potsdam Hospital to Mr. and Mrs. Alexander V. Kruk, Box 57, Nicholville.

decided to send two delegates to the district conference. The next meeting of the club will be Tuesday, Mar. 5 at the Arlington Inn.

Dates to mark on your social calendar: AAUW Benefit card party and tea, March 23; Potsdam Town and Country Club Fashion Luncheon, April 27; Presbyterian Women's Association third annual Smorgasbord, April 28; and for all those who are Brownie or Girl Scout mothers, Girl Scout week is Mar. 10-16, with Girl Scout Sunday Mar. 10 and the Potsdam birthday party Mar. 16.

The Clarkson Faculty Women's Club will have a faculty Valentine party, including a dinner and dance tomorrow night. The dinner will be held at 7:15 p.m. at Lewis House and the dance will begin at the Potsdam Town and Country Club at 9:00 p.m. Music will be provided by the Rossano Dance Band.

The Episcopal Young Churchmen will sponsor Chicken 'N Basket Dinner on Thursday, Feb. 21. Serving starts at 5 p.m. until all are served. It will be held in Trinity Parish Hall. Prices are \$1.00 and 8.75 for half servings.

Today's Valentine's Day, which means lots of exciting mail for children — who make the valentines, for mothers — who receive them, for teenagers — who exchange them. Maybe some candy and flowers will arrive at your house today from a secret admirer. Anyway, enjoy yourself and remember Spring's not far away!

Marsh Woman's Relief Corps, #91, will hold a sewing meeting next Tuesday afternoon, Feb. 19 at the home of Mrs. Hiram Hall, Lawrence Avenue.



CONSTANCE TOMLINSON Miss Tomlinson Engaged To Wed William Tayler

The engagement of Miss Constance Sterling Tomlinson, daughter of Mr. and Mrs. James S. Tomlinson, Lewiston, to William Kenneth Tayler, son of Mr. and Mrs. Torrance C. Tayler, Potsdam, was announced recently by her parents.

Miss Tomlinson is a graduate of Lewiston schools and attended Mount Vernon Junior College, Washington, D. C. She is a student in the education department, State University at Buffalo.

Her fiancé attended Canton ATU and is a student in the School of Business Administration at the State University at Buffalo.



A HAPPY DAY — Bride and groom, Linda and Frances Sharlow are all smiles at their wedding reception, following their marriage Jan. 17 at St. Raymond's Church, Raymondville. Linda is the former Linda Lou Seely, daughter of Mr. and Mrs. Luell Seely, 31 Park St., Norwood, and Frances is the son of Mrs. Marion Sharlow, 4 Spring St., Potsdam, and of Leland Sharlow, Raymondville.

North Country Kitchen...



By Elizabeth Isenberg
Home Economist

St. Lawrence County Extension Service

Many of you might be planning an extra special dinner in honor of St. Valentine's Day. A main dish offering when given a festive touch, might well be pork.

For years, it has been recommended that fresh pork be cooked to an internal temperature of 165° F in order to insure its safety. Recent research at the United States Department of Agriculture has shown that this high temperature is not necessary.

The organism in pork which must be destroyed is called Trichinella spiralis. When the meat reaches an internal temperature of 137° F, these organisms are destroyed. However, there must be a margin of safety allowed for inaccuracies and improper placement of meat thermometers. So the new recommended internal temperature for sufficiently cooked pork is 165° F. At such a temperature the meat may still be pink. You will find that the meat is juicier and more tender.

So next time you cook a pork roast, for example, try cooking it to this lower temperature and notice the difference. And remember that the pork is still safe to eat.

The recipe given below is for pork chops and they are simply luscious. If you do not wish to use fresh oranges, you might try some canned mandarin orange segments in the same way. Here are truly gourmet pork chops for your Valentine dinner.

Pork Chops A La Orange
2 oranges, peeled, sliced into rounds

- 3 tablespoons molasses
- 6 to 8 loin pork chops (about 3/4" to 1" thick)
- Salt and pepper
- 1/4 cup flour
- 1/4 cup shortening or salad oil
- 2 tablespoons molasses
- 1/2 cup water
- 1 cup orange juice (fresh or frozen)
- 1/2 teaspoon marjoram
- 2 medium onions, peeled and sliced
- 2 tablespoons chopped parsley

1. Marinate orange slices in the 3 tablespoons molasses.
2. Season chops with salt and pepper and lightly coat with flour.
3. Heat shortening in a large skillet; brown chops on both sides.
4. Place the browned chops in a flat greased baking dish.
5. Blend together the 2 tablespoons molasses, water, orange juice, and marjoram, and pour over the chops.
6. Place onion slices on top of the chops; sprinkle with parsley.
7. Cover and bake at 350° F for 1 hour, or until tender.
8. Arrange drained orange slices on top of the cooked chops. Return to the oven uncovered for just a few minutes to heat the orange slices. Makes 6 to 8 servings.



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Jane Kilroy Winner Of Homemaker Title

Miss Jane Kilroy, daughter of Mrs. John Kilroy, 6 Canal St., Potsdam, has been selected the Homemaker of Tomorrow for Potsdam High School in the 1963 Betty Crocker Search for the American Homemaker of Tomorrow, according to John McMann, Principal.

Jane achieved the highest score in a knowledge and attitude test given to senior girls on Dec. 4. She is now eligible, along with winners in other state high schools, for the title of state Homemaker of Tomorrow.

The state Homemaker of Tomorrow is awarded a \$1,500 scholarship by General Mills, sponsor of the program. The runner-up receives a \$500 scholarship. The school of each state Homemaker of Tomorrow is awarded a complete set of Encyclopaedia Britannica.

Crystals Wed For 50 Years

Mr. and Mrs. Clarence Crystal, Parishville, will observe their 50th wedding anniversary tomorrow at their home where they have lived for the past 49 years.

Mr. Crystal is the son of the late James and Mattie Crystal. He was born in New York City on Aug. 15, 1891, but came to Potsdam when a small boy, where he lived with his grandparents.

Mrs. Crystal was the former Hazel Lucas, the daughter of the late Sidney and Nellie Lucas. She was born in Parishville, July 14, 1902.

The couple were married Feb. 15, 1913 at the Baptist parsonage, Parishville, by Rev. Lyons. Their attendants were Ross and Odessa Lyons. They have lived in Parishville all their married life.

The Crystals operated their farm until seven years ago. For the past three years Mr. Crystal has served as one of the Parishville assessors.

The couple has one daughter, Mrs. Donald (Doris) Cox, and three grandchildren.

Judy Dougan, J. Montgomery Engaged To Wed

Mr. and Mrs. Billy R. Dougan, Winthrop, announce the engagement of their daughter Judy Ann to James K. Montgomery, son of Mr. and Mrs. Lee Montgomery, Winthrop.

Miss Dougan is a 1960 graduate of St. Lawrence Central School. She also graduated from the Comptometer School, Syracuse. She is employed by City Electric, Syracuse.

Her fiancé graduated from St. Lawrence Central School, Class of 1956. He served in the U. S. Air Force from 1957-1961. He is presently



JUDY ANN DOUGAN

employed by G.L.F. Petroleum, Sodus.

No date has been set for the wedding.

NATIONAL HAIRDRESSER WEEK
Feb. 10th-16th

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