

Tribe Hosts Self-Esteem Workshop

Would you like your child to possess the ability to be successful in life?

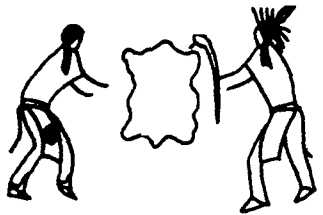
The Saint Regis Mohawk Tribe is hosting a self-esteem workshop entitled "Project Self" on Saturday, May 30 from 1:00 p.m. to 3:00 p.m. The workshop will be held at the old credit union building on Route 37 and is being offered, at no cost, to boys and girls between the ages of 11 and 15.

"Self-esteem is self-confidence, self-worth, and self-respect. It is a state of mind. It is the way you feel and think about yourself and others", states Connie D. Palladino, Ph.D. and author of a book entitled "Developing Self-Esteem."

One of the greatest gifts a parent can give a child is a strong sense of self-esteem. Only with an elevated sense of self-esteem can a child truly achieve his/her own potential. This is apparent when an "I can do it" attitude replaced the "I can't do it" attitude. Just think of the things a child can do with a high sense of self-esteem...from getting an "A" in school to winning that 100 yard dash to learning to do a household chore!

The workshop will be presented by Miss Bonnie Bradley, Indian Child Welfare Coordinator. Miss Bradley is a graduate of Potsdam State University where she received a Bachelor of Arts Degree in Psychology.

A number of "fun" activities are planned for this workshop that will stress cooperation, academic behavior and positive self-talk - all very important elements to a high sense of self-esteem



Mohawk Council of Akwesasne to Host Akwesasne Recreation Symposium

The Mohawk Council of Akwesasne is presently planning to host a community wide meeting/workshop to discuss Akwesasne's recreation programs and issues. The Akwesasne Recreation Symposium is being designed as a forum for community members to discuss what is good and bad about current programming and to suggest changes or new programs and activities for the future. Recreation leaders, organizers, volunteers, sponsors and program participants of all ages and sectors of the community will be invited to participate in the Symposium.

The Akwesasne Recreation Symposium is scheduled to take place **FRIDAY, JUNE 19, 1992** at the Akwesasne Mohawk School Gymnasium on Kawehnoke.

Symposium Rationale and Objectives

In the area of Recreation programming in Akwesasne, there is a need to recapture the true Mohawk spirit and also promote long time traditional activities such as lacrosse. It is also important to remember that Recreation is not limited to just sports activities and that the definition of recreation includes any form of activity which a person or groups of people use to pass their leisure time.

Akwesasne's Recreation programming must attempt to meet all of the community's recreational needs by incorporating the historic and cultural types of activities (eg. basketmaking, beadwork, traditional dancing, etc.) along with current modern sports activities (eg. baseball, hockey, bowling, golf, etc.) The programming should also allow for both native (eg. lacrosse, etc.) and non-native forms of recreation and ensure that non-sporting types

of activities and events (eg. music, theater, performing arts, etc.) have a place in recreation. At present, the current recreation programming seems to be very strongly centered on sports activities and, perhaps, not enough on other forms of recreation.

The Symposium participants will be asked to comment on and discuss such issues as:

- Are the Recreation activities now being conducted adequate and appropriate? (What do you like and what you don't you like?)
- What should the priorities be for recreation programming?
- What facilities are needed most?
- How do we improve recreation in Akwesasne?
- Some of the specific topics which could be discussed include:
 - new recreational activities;
 - organizational issues;
 - adequacy of leadership in recreation activities;
 - training and education in recreation;
 - communications and publicity;
 - funding;
 - facilities;
 - volunteer;
 - parental guidance and involvement
 - role models

The Organizing Committee would welcome any suggestions for the Symposium and are looking for volunteers to help with staging this event. If you are interested in getting involved in the Symposium or have any questions about it, you should contact either Chief Johanne Jackson or Lewis Morris at the M.C.A. Admin. II Building in St. Regis or phone 575-2348.

Leader Training

New Games Leader Training will be offered on June 5, 1992, at the Lussi Rink in Lake Placid. Cheryl Jonas, Statewide Coordinator for Recreation Services for the New York State Division for Youth will be the trainer. Cheryl has been doing New Games workshops for ten years and says that New Games are fun for everyone and offer much flexibility to incorporate the needs of any group including children, senior citizens, and the handicapped. New Games can serve multiple functions from facilitating communication to team cooperation in a fun atmosphere.

The North Country Council on alcoholism is sponsoring this training as a Safe Summer activity and encourages anyone who is responsible for leading group recreation to register by May 29, 1992. The fee is \$10 for the training. For more information call 518-873-3261.



Note of Thanks!

Thanks to all the people who sponsored players in our recent Bowl-A-Thon which took place on Sunday, May 3, at Bowlmor Lanes in Massena. We had a great time bowling, we are hoping to do a lot better on the playing field then we did at the bowling alley. We would like to give special thanks to our Snye Elders who gave our team a big boost that helped us get started. We would also like to thank our sponsors John Ransom of Mohawk Video. Once again Niawen for all your support.

From: Mohawk Video (Snye) Women's Softball Team

DANCE CANCELED

The St. Regis Drug and Alcohol Division would like to announce that the dance which was to be held on June 13, 1992 at the Angus Mitchell Memorial Center is canceled. Sorry for the inconvenience.

CKON Bingo Notice

Because of the warmer weather, CKON will be having their radio bingo every two weeks. This may change depending on response of community to either once a month or back to weekly. Please participate and keep it all summer long. This schedule will not change without notice.

Training for Individuals

Ernie G. Tannis, Honorary Counsel for Sken nen kowa, would like to offer his expertise to train 5-12 individuals in the area of Justice. In particular, the aspect of Corporations. There is no cost for this service.

If anyone is interested or would like further information, they should contact the Sken nen kowa office at (518) 358-3097.

Contact: Vera Arais Vice-Chairperson 116 Sydney Street Cornwall, Ontario K6H 3H2 Tel.: 932-3971

or Dr. Raymond Legault, Chairperson R.H.S.J. Health Center Cornwall, Ontario K6H 5S5 Tel.: 938-4940

Celebrating Our Survival
An Indigenous Peoples Writer's Festival
June 8th - 12th, 1992
St. Michael's Indian Student Residence
Duck Lake, Saskatchewan Canada

Happy ?? birthday to Leo Francis on June 3. You know that I know what the two numbers are, but we'll keep that a secret. Have a nice day. Nicky

Happy birthday to my Godmother Doreen on May 29. Love always, Lana.

Happy birthday to Doreen on May 29. It has been a year now that I said I was going to take you to Guy's Restaurant. If the offer still stands, do you still want to go?

Happy Birthday to Doreen on May 29. So how's it feel to be way, way, I mean way over the hill? (Just Kidding!!) From Anna

Happy birthday to Hilary LaFrance on June 4. Nicky

Happy Birthday to Doreen on May 29. From your #1 sister Martha and #1 brother-in-law Davy.

4 Family Yard Sale: Corner of State Road and Tarbell Road. Sat., May 30 & Sun., May 31. 10 a.m. - 6 p.m. both days.

Happy birthday to my mommy on June 3. Love you always, Lana.

Happy birthday to Donald Buckshot on June 2. Nicky

Happy birthday to Bonnie on June 1. Nicky

I would like to welcome my new brother. I have someone to play with and teach things to. I love you, your big brother John, "puddls"

Congratulations to Deedee and Leroy on the birth of their baby "boy" on May 25, weighing in at 8 lbs 1-1/2 oz. Mom & family Along awaited baby brother for John.

Part-time babysitter needed for two children, ages 3-1/2 and 1 year old. 20 hours a week, flexible hours. Call 358-3372 if interested.



Roadside Clean-up Day

The Akwesasne Task Force on the Environment is sponsoring a roadside ditch clean-up scheduled for Saturday, May 30 starting at 9:00 a.m. An organizational meeting for all those interested will be held at 8:45 a.m. behind the St. Regis Mohawk Tribe Community Building. Bags containing trash picked up from ditches will be collected at roadside or can be dropped off behind the Community Building. No household garbage will be accepted. People wishing to donate their time and/or resources (such as trash bags) are encouraged to contact either the MCA Environment Program at (613)-575-2377 or the SRMT Environment Division at (518)-358-3141.

A great big "Welcome Home" goes out to Harvey Tarbell because he's finally home from the hospital. Take good care of yourself and hope your soon doing your "Aerobics" Workout. Lots of Love and best wishes from your Family and Friends.

Happy birthday to Mom on May 29. Hope you have a wonderful day. I love you. Love, Kim

We like to welcome our new baby "boy" cousin to the family. Toby, Presley, Cody, Lacey & Jeremy.

Happy belated birthday to our loving cousin Hattie Hylan on May 11th. From Thompson Crew and The Midnight Caller.

Iguana Muffin. Congratulations! Way to go! Iguana.

Happy 32 birthday Stranger on May 30. To my tall, dark, handsome, Stranger, who always makes me feel wonderful. There's nothing I'd like better than to be with you on your birthday. Maybe next year. I love you stranger, Happy birthday.

For Sale: AKC Rottweiler pups. Shots & wormed. Guaranteed for 2 years. Asking \$400.00. Call 358-9764.

For Sale: AKC Siberian Husky pups. Guaranteed. Asking \$200.00 Call 358-9764.

Happy birthday to DJ Snoke on May 30, right after your aunt Charlotte's birthday huh? What a surprise that will be. Kim

Wanted: Backhoe/bulldozer operator. **EXPERIENCED.** Also, 1 laborer. Starts at \$6.00/hour. Inquire at 358-9778 or 358-9785. Ask for Harriet or Alvin. Call after 5 p.m.

Annual Meeting

"Annual Meeting - United Counties Science Fair Committee, Wednesday, June 3, 1992, 7:00 p.m. at the S.D.&G. Country Board of Education Administration Office, 902 2nd St. W., Cornwall (enter at west back door). Chairperson - Jean Courville - 932-3451 or 936-0927. Special welcome to potential future committee members.

Free Rabies Clinic

Friday, June 19, 1992 at the Hogsburg Akwesasne Volunteer Fire Department 7:00 p.m. to 9:00 p.m.

STARLINE
MUFFLER EXHAUST
938-0873
Safety Inspection Station
335 Balmoral Cornwall, Ont. K6H-3G6

S.I.D.S. SUPPORT GROUP

For parents who have lost an infant to Sudden Infant Death Syndrome (crib death).

For emotional support, information, discussion and contact with others learning to cope with the sudden death of their infant.

Meets the 1st Friday of every month; 7-9 p.m. Hotel Dieu Hospital 2nd Level Conference Room -- Info. 613-937-4291

"I can help you protect your business assets."



Bob Blanchard (613) 933-6280 132 Second St. East Suite 305 Cornwall, Ont. K6H 1Y4

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Attention Akwesasne Residents

The Mohawk Council of Akwesasne will hold District Meetings on June 2, 1992 at 6:30 p.m. at the following locations: Snye School Akwesasne Mohawk School (Cornwall Island) Angus Mitchell Memorial Center (St. Regis)

This is your opportunity to keep abreast of the issues that concern you and give feedback to the representatives of your district. The Mohawk Council of Akwesasne urges you to attend these monthly district update meetings.

Public Notice

The Mohawk Council of Akwesasne will hold a General Meeting on Saturday, June 6, 1992 at 9 a.m. at the Snye School. The public is urged to attend the monthly general meeting to become informed and give feedback on the issues that affect Akwesasne.

Woodlands Gift shop

RR. 3 Cornwall Island (613) 932-5139

Open 7 Days 8 a.m. to 10 p.m.

Quality Native-Made Crafts & Unique Giftware Now featuring American Indian Legacy Collection perfect for Father's Day

also Gift wrapping & all occasion cards Souvenirs: custom t-shirts, sweatshirts and hats with Akwesasne Logo

Spectacular Riverfront Property
St. Lawrence River, Massena, NY

Auctioning on location to the highest bidder, regardless of price, for Dr. & Mrs. Edward Burke who after 14 years of owning and developing this one-of-a-kind riverfront property, they will be moving to smaller quarters. This property will be offered in 3 parcels which includes; Parcel A: Main house plus 4-car garage w/above in-law apartment, plus 3rd story living quarters & inground pool, w/280+ riverfront, plus many of its contents, Parcel B: Riverfront parcel w/240+ river frontage, w/tennis court & pond, Parcel C: Ranch home w/50+ riverfront, located at Box 501G, Old River Road, Massena, NY. To be offered individually and in combination to the best and highest bid(s), and / or bidders.

Directions: One mile north of Massena on Main St. to left on Old River Road. AUCTION # 1455

Brzostek's 2052 Lamson Road, Phoenix, N.Y. 13135 (315) 678-2542 Real Estate Auction Co., Inc. 1-800-562-0660