

Local Ball

Local Ball Teams in Oshawa Tournament
This past weekend, two local squads went to the Ontario Tourney.
The R & R Smokeshop Mens team split their four games at two wins each.
In game one they were doubled by a Pickering team, 8-4.
In game two they winners in a 11-9 win over Oshawa. Game three saw them trounce Pickering 20-4 and their last game was an 11-8 loss to O'Tooles of Toronto.
R & R would like to thank their sponsors, Larry Skidders, Bill Sears, Larry Thompson and R & R Smokeshop.

On Monday May 11. Skidders Construction and R & R Smokeshop opened up their 1992 season Reg Campbell Slo-Pitch League. (formerly Industrial Slo-Pitch.
Skidders Contruction hit four runs in the seventh inning as they defeated LaRicks Bar 9-6. One of those was a home run by Tyler Sunday.
Robbie Thomas who scored one of those 7th runs led off with a home run in the first.
Jerome Cook hit two singles and a double for three runs.
Randy Square, Tom Thomas and Tyler Sunday scored one run each for the defending league champions.
The other Akwesasne team, R & R Smokeshop was stopped by Sports Plus 16-4
Stevie Thomas and Chris Thomas scored one run each.
Kyle Jacobs scored two runs.

B.T.M.C.- Bob Turner
L.S.-Long Sault behind Ontario Provincial Police Headquarters

Friday May 15
6:45/
R & R Smokeshop vs LaRicks Bar
Long Sault
9:15/
Skidders Const. vs Sports Plus
B.T.M.C.

Tuesday May 19
7:45/
R & R vs Mitchells
B.T.M.C.
6:45/
Skidders Const. vs Guardsmen
L.S.

Thursday May 21
7:45/
Skidders Const. vs Upper Village
B.T.M.C.

Akwesasne Old Sticks

Standings.	GP	W	L	T	GF	GA	Pts
As of Friday May 15/							
1-Oionkwaone	3	2	1	0	26	25	4
1-Okwarine	3	2	1	0	23	16	4
1-Clippers	2	2	0	0	19	14	4
2-Benedict	3	1	2	0	21	23	2
2-Ray-Co	3	1	2	0	19	27	2
3-Roundpoint	2	0	2	0	12	15	0

Akwesasne Old Sticks by Derrick Paul/Staff
On Thursday May 7, Benedict Lacrosse registered their first win of the year, a 7-5 win over Roundpoint Constuction.
Bob High and Dave White scored two each for Benedict. White added two assists and High added one assist.
Ernie Thompson, Walter Bero and Pete Marquis scored one each in the winning effort.
Jo-Jo Francis back stopped the win.
For Roundpoint Construction, Bruce Roundpoint scored twice and added an assist.
Captain Lewis Mitchell, Dennis Jacobs and Mike Mitchell scored one each.
Roundpoint held a 3-2 lead at the end of the first period. Benedict came back with four goals to hold while RC scored once and the score was 6-4 at the end of the second.
Marquis and Bruce Roundpoint scored the third periods only goals for their respective teams.
The second half of the evenings game was between Oionkwaone Enterprises and He and She Clippers with the Clips getting the upper hand 9-6.
This is their second win of the season at this point.
Boss Bucktooth and Oliver Hill scored twice for the Clips with both getting assists.
Art Sinfield, Al MacDonell, Warren Cook, and Mac Thomas figured in the scoring for Enterprises.
He and She held period leads of 4-2 (1st), 8-5 (2nd) and 9-6 final.
Larry Harrington was in goal for He and She and Chuggo got the call for Oionkwaone.

Oionkwaone Enterprises handed Ray-Co Team Sports a 12-9 loss on Saturday May 9.
Scott Thomas racked up five goals for Enterprises, with four of those in the third period.
At the end of the first Ray-Co held a 5-2 lead but a second period 5 goal outburst by Enterprises put an end to their run.
In the third, Oionkwaone Enterprises scored five more of their own.
Mike Benedict scored three goals

for the win with Alan Belmore collecting two and with one each were Pete Burns and Mark Jacobs. Doing the scoring chores for Ray Co were Tom Francis, Rob Cree, Dave Sunday, Mike Leger, Joe Curotte, Terry Ledoux and Ron Cree.
In goal were Ray Ray for Ray co and Chuggo Jacobs for Enterprises.
In game two of this Saturday night doubleheader, Okwarine Fuel Station defeated Benedict Lacrosse 8-6.
For the Fuel Station Danny Oakes scored the hat-trick and added one assist.
With one goal each were George Gilbert, Tom Dawley, Larry Garrow, Dick Jock, and Joe Oakes.
For Benedict Lacrosse, Six different players had the scoring duties: Roger St. Louis, Philip Terrance, Dave White, Frank Benedict, Bill Kennedy, and Walter Bero.

Okwarine held the lead at the end of all periods, 5-1 (1st) 7-3 (2nd) and 8-6 (final).
On Wednesday May 13, a lone game at the Water Street Arena saw two streaks come to an end.
Ray-Co team sports got their first win of the season and Okwarine, their first loss.
Final score 6-5.
Tom Francis and Alex Roundpoint stole the show with two each for the win.
Rob Cree added a goal and Roundpoint got one assist.
Dick Jock scored twice for Okwarine, George Gilbert, Steve "Wildman" Casselman and Tom Dawley rounded off the scoring for Okwarine.

Saturday May 16 at Bob Turner Arena.
7:00pm/
He and She Clippers vs Oionkwaone Enterprises
8:30/
Roundpoint Construction vs Benedict Lacrosse

A reminder that the Old Sticks Invitational three day tournament is on July 30-August 2nd at the Water Street Arena.



Sports



Getting Ready For The Show. David Square of Kanatokon gets in a few swings as he and several of his buddies prepare of the upcoming Akwesasne Little League season. This photo was taken at the St. Regis Recreation Field.

Photo: Derrick Paul.

Akwesasne Womens Softball

The league begins Tuesday May 19th. Seven teams are in the league and one team will get the Bye every week.
Teams and their home field.
#1- Mohawk Video - Snye
#2-Buck 99 - State Rd.
#3-R & R Smokeshop-St. Regis
#4-Legion - Legion in Hogan
#5-Thompson Const.- State Rd.
#6-Vinneys- Legion in Fort
#7-Mohawk Club - Snye
All games start at 6:15

Tuesday May 19/
Mohawk Club at Mohawk Video
Vinneys at Buck 99
Thompsons at R & R
Legion Bye

Thursday May 21/
Buck 99 at R & R
Mohawk Video at Thompson
Legion at Mohawk Club
Vinneys Bye

Tuesday May 26/
R & R at Mohawk Video
Thompson at Buck 99
Vinneys at Legion
Mohawk Club Bye



Tribe to Host Bike Rodeo

Warmer weather means kids want to do more outdoor activities, like bicycling. But, unfortunately, with such activities come the potential for injury.
The Saint Regis Mohawk Health Services will host a bicycle rodeo on Sunday, May 17, from 11am until 2pm at the Frogtown International Speedway. The rodeo, which was organized by the Health Services Injury Prevent Committee, will offer third through sixth graders a useful mixture of safety information and bike fun.
Children will be able to have their bikes inspected, improve their bicycling skills, and be fitted for their very own bike helmet at no charge.

This special event was organized through St Lawrence County Cornell Cooperative Extension 4-H Programs. Officials at the Frogtown International Speedway were also of great assistance.
The rodeo will feature five obstacles or challenges designed to teach proper bicycle safety. These obstacles will center around the situations which are most often the cause of accidents and injury, such as: exiting a driveway, approaching intersections and avoiding objects in the bicycle's path.

In addition to the rodeo and safety tips, a bike-a-thon will be held for the benefit of the American Cancer Society. Riders are collecting donations from sponsors who wish to offer their support for those kids pedaling the two and three-quarter mile route. Riders must return their sponsor sheets and money when they show up for the bike-a-thon.
Two new bicycles will be given away in a special drawing for those children completing the activities. The bikes were donated by Rivette Masonry and Surentec.
Each participant will receive a free bike helmet donated by Indian Health Service. The helmets will be personalized for each rider. Also, free refreshments, donated by members of the reservation community, will be served at the bike event.

For more information about this event, contact Mary Simons, a member of the Injury Prevention Committee, at (518) 358-3141.

Cut injury risks before cutting the grass

(NC)—Spring fever makes even the laziest gardeners enthusiastic, however in all the excitement don't forget to safety check the lawnmower first, before you head out to the backyard.
Make sure the blade, engine mounting bolts and all nuts and screws are tight, and if you have a grass catcher, check for holes or worn spots.
If the blade is bent or cracked, replace it. An unbalanced blade causes vibration that could damage the motor drive unit or could cause a personal injury. If the blade is in good shape, then clean it thoroughly and sharpen if necessary. To check the blade's balance, support it horizontally on a thin nail through its centre hole. The nail should also be in a horizontal position. If either end of the blade rotates downward, remove some metal from the heavy or lower end until the blade is balanced.
To clean off winter's grime from the mower, it's best not to use a hose. Wash it carefully and keep the water out of the motor and electrical connections. Never wash an electric mower while it's plugged in.
Once you are sure your mower is in good shape, don't forget to check that you'll be safe too. Here are a few safety tips to keep in mind.
• Always wear sturdy footwear - steel-toe safety shoes are the best.
• Don't put your hands or feet near or under rotating parts, and keep yourself and bystanders clear of the discharge opening.
• Never attempt to adjust the mower's wheel height while it is running.
• Allow enough time for the blades to stop before crossing gravel driveways or sidewalks.



• Shut the mower off and if electric unplug from the power source before doing anything to the machine. Even if an electric mower stalls because the exhaust port or blades are clogged with clippings, it is still powered until it is unplugged. This means it can restart itself once the clippings have been removed. Even if you are simply emptying the grass catcher, shut the mower off first.
• To lessen the risk of accidentally pulling the mower down over your foot, mow across the face of slopes instead of up and down.
• Never operate the mower without all the proper guards, plates and other protective devices in place.
• Plug electric mowers into a supply circuit equipped with a ground fault circuit interrupter. It senses leakage current and instantly turns the power off.
• Before buying an electric lawnmower, check for the CSA mark. It's your assurance that the unit has passed stringent safety tests.
• After a hard winter, you'd be surprised just how much junk has accumulated on the lawn. Check the area you're planning on mowing and pick up any sticks, stones or garbage.
• So cut the injury risks, before you cut the grass by keeping these safety tips in mind every time you mow the lawn.

Summer Hockey Notes...

Each year they come from as far as Japan, Sweden, Belgium and all across the United States and Canada to learn Canadas most beloved sport.

But inspiring young players in Stormont, Dundas, and Glengarry are fortunate enough in that they have one of the most widely acclaimed hockey school in the world right in their own backyard. Huron Hockey School will operate its Canadian Resident Camp this summer at the Cornwall Civic Complex for a second year. It's a place where, in a single week, you could make friends with a young player from Switzerland or any one of ten countries represented, meet a future NHL coach such as Marc Crawford of the St. Johns Maple Leafs, get an autograph from an NHL star in the making such as Rick Tabaracci and receive hockey instruction from the all-star line up of pro, European, NCAA Division 1, Canadian University and major junior coaches that give Huron the finest staff that's available at any hockey school.

Brian Gilmour, the principal of Char-Lan District High School, helped create the Huron Hockey School curriculum in 1970. The schools philosophy of "Hockey by professional Educators" is one that has assisted in the careers of more than 250 players who have skated in the National Hockey League. "One of the things we have tried to do is build a relationship between the young player and the staff here over the course of a week," says

Gilmour. "The major difference with Huron is that we put a large emphasis on the staff and the background in hockey but they also have training in education", adds Gilmour.

A few facts about the Huron Hockey School:

About 350 local skaters will take part in the Huron program in Cornwall this year. About 600 come from out of town.

About 50 of the approximately 800 kids attending last years Cornwall program were female.

Huron is starting a baseball program this year in Cornwall.

For more information, call the following numbers:

(613) 933-2582
(613) 931-1848
FAX (613) 937-3431
Paul O'Dacre Managing Director.

Potsdam College has announced the date for its annual hockey camp.

According to camp director Ed Seney, the camp will offer more of the same outstanding instruction for the many skaters who attend this well staffed annual event.

Seney, who has just completed his fourth season at the helm of the hockey bears, was recently named SUNYAC coach of the year. Seney guided the upstart Bears to all 13-11-1 record in 1991-92 after posting a 5-20 mark in 1990-91.

This years edition of the camp will again be one two week session, beginning July 12 and ending July 24.

Last summer, players from all over New York, New Jersey, Vermont, Canada and beyond learned skills through individual and group instruction from a staff of top college, prep and high school coaches. According to Coach Seney, campers will again have the opportunity to be instructed by elite members of the hockey community such as Clarkson University assistant coach George Roll, Chip Vigne, head coach at Lawrence Academy, former Bears head coach John Horan, and Elmira's Glenn Thomas.

The camp director and his staff stress individual attention and individual skill development, as well as team concept, power skating dynamics, offensive, defensive, and center zone play, and goalie instruction on the ice.

Off-the-ice activities include dry land training, weight training, floor hockey, outdoor shooting, daily lectures and puck handling drills.

"At our camp, we stress individual skill development, but it is equally important to have an enjoyable experience," said Coach Seney. "Campers know that we're here to learn and improve, but everyone wants to have fun.

Campers who wish to register should call (315) 267-2165 or (315) 267-2301 for more information.