

Tribe Hosts Workshops

Attention Deficit Hyperactivity Disorder (ADHD) afflicts an estimated three to five percent of young boys and a smaller, but no less significant, percentage of girls.

These children can often be unintentionally disruptive at home and in school. Because these disturbances can lead to greater problems, it is important that families learn to recognize ADHD and find ways to effectively deal with children who suffer from the disorder.

As part of an effort to educate families on the reservation community about this frustrating condition, the Saint Regis Mohawk Health Service's mental health program is hosting a workshop specifically geared to ADHD.

This workshop will be presented twice this month, once on April 14 and again on April 28. The workshops will be jointly presented by Dr. John Beamer, Saint Regis Mohawk Mental Health Services, and Paul Harkins, parent coordinator for Children Having Attention Deficit Disorder or CHADD.

There is no charge for attending these workshops. The first is being held from 10 a.m. until noon on April 14 at Basement Room 3 in the Community Building, Hogsburg. The second session will be held on April 28 from 2:45 - 5:00 p.m. at Salmon River Elementary School Auditorium, Fort Covington.

Children displaying symptoms of ADHD can add to the tensions and frustrations of an otherwise normally functioning family. A child suffering from this disorder may often fidget, squirm or display restlessness. They may also have a tendency to have difficulty remaining seated for a period of time and to be easily distracted or find great difficulty waiting.

It is also common for these children to have difficulty following instructions, therefore, causing them to blur out answers at inappropriate times. Another symptom is a short attention span which is characterized by shifting rapidly from one task to another. An ADHD child may also have difficulty with playing quietly, alone, or with other children.

They can be excessive talkers who interrupt and intrude without hesitation. Parents and teachers may describe these children as "a child who does not listen, he/she is always losing things and does not work up to his/her ability in school." A major cause for concern that should prompt every parent to have their child professionally diagnosed for ADHD is the child who frequently engages in physically dangerous actions.

Because a variety of disorders can be mistaken for ADHD or may co-exist with ADHD, children displaying some or all of the above symptoms must be examined by a professional. ADHD may be a lifelong disorder requiring life-long help, however, early detection and treatment can significantly minimize the effects of this illness.

Of course, many young children may display some of these symptoms, but ADHD is only a concern when these symptoms are acute enough to cause serious problems.

ADHD children respond best to treatment when all of their needs are addressed simultaneously by a team of professionals that include the prescribing physician, teachers, therapists and parents. This team approach addresses the medical, emotional, behavioral and educational needs of the child. Medication may be prescribed to help improve attention and reduce hyperactivity. Training is available for parents to better understand ADHD and learn how to cope with this illness. Counseling and/or training is available to ADHD children so that they may learn methods of self-control, learning and social skills development.

Psychotherapy is also available to help the child deal with emotional consequences. There are also a host of other interventions for home and school designed to enhance self-esteem and to foster acceptance, approval and a sense of belonging.

Persons wishing to obtain more information on ADHD or the upcoming workshops should contact Kay Porter, Case Manager for Saint Regis Mohawk Health Services. Her number is (518)-358-3141, ext. 161.

April is Stay Alert...Stay Safe Month in Canada

This April marks the 2nd Annual Stay Alert... Stay Safe Month in Canada.

As part of the continuing efforts to provide children with the skills and confidence to help protect themselves and to deal effectively with problem situations, the nation Stay Alert... Stay Safe organization, in co-operation with Canada's police chiefs, government officials and the Canadian Tire Corporation, has designated April as Stay Alert...Stay Safe month across Canada.

Stay Alert...Stay Safe, a registered Canadian charity, was founded in 1987 as a result of the tragic abduction and murder of 11-year old Alison Parrott. The national launch of the Stay Alert... Stay Safe program in October 1990, was made possible by both the support of the Canadian Association of Chiefs of Police, who have introduced the

program to schools across Canada, and by major funding and other support by Canadian Tire Corporation and its Associate Dealers.

In April, in communities across the country, police officers will be paying visits to schools and shopping centers to help "streetproof" youngsters by discussing safety tips and handing out the Stay Alert...Stay Safe booklet, a 12 page comic book filled with tips for both children and adults.

Canadian Tire Associate dealers are also actively supporting Stay Alert... Stay Safe month by featuring displays, showing the 7 minute, animated Stay Alert...Stay Safe video in-store and distributing the 12 page booklet. Many stores will also have special visits from the Stay Alert...Stay Safe characters, Bert & Gert, the Alert Twins throughout the month of April.



Photo: Derrick Paul. Carrieann Mitchell stopped by the offices of Times/Notes and slept most of the time while her mom, Cesi did some work. She awakened briefly for the I.T. photographer and went back to sleep.

White Surveillance

White Surveillance was established in December 1991 in response to the growing demand for security services here in Akwesasne. It is a company that sells, installs, monitors, and services quality security systems in both commercial and residential buildings. This includes fire, burglar, and access-control systems. Through our local monitoring station, we can monitor virtually any location in North America. We offer 24-hour surveillance and service to our customers.

As a native-owned business, White Surveillance is working to establish a solid client base here in Akwesasne. Our goal is to create jobs for native people in a field that shows great potential for growth. We feel that if there is a demand for security systems here in Akwesasne, than a native business should be able to meet this demand with a quality product and service. Eventually, we hope to expand to other towns and reservations, thereby creating more jobs. In order to meet these demands, we will need support from the Akwesasne community.

White Surveillance can install a new system in your home or business customized to your

specifications. We can also switch a client over from an existing system. White Surveillance offers the latest technology in security products through such companies as Ademco, Jayso, and Vicon. We have researched the competition and are confident that we can offer a comparable system for a better price. Free estimates are available upon request. Just give us a call at (518) 358-4514 to set up an appointment with one of our trained technicians. Our employees have undergone specialized training and can offer customized solutions to your security problems.

With support of our local businesses and community members, we hope to achieve our goal of building a successful business. Remember, you can rest a little more easily knowing that your home and businesses are protected around the clock through our electronic surveillance system.

LET
WHITE SURVEILLANCE
BE YOUR LOCK AND KEY!

WHITE SURVEILLANCE
RR #1 Box 94A
Hogsburg, New York 13655
Phone: (518) 358-4514

Tentative Schedule of Workshops

April 23, 1992
April 30, 1992
May 7, 1992
May 14, 1992
May 21, 1992
May 28, 1992
June 4, 1992

June 11, 18, 25, 1992

July 27, 1992
July 31, 1992

Please call Allyson at Akwesasne Child & Family Services for pre registration no later than April 20, 1992 as training is limited to 20 seats.

Who Am I
Basic Counseling - Adolescence
Personhood - Human Sexuality
Dynamics of Child/Adolescent Abuse
Dysfunctional Families
Crisis and Security Issues
Dealing with Professionals Reporting and Documents Demystifying the Process

Parenting, Consequences, Dr. Gerard Bouffard, Ph.D

Consults meet

Graduation of training

CKON Radio Bingo Is Back!!

Tuesday, April 21 at 7:00 p.m.

Card Colors:

Full Sheet - Pink and 50/50 Half Sheets - Yellow

Prize Money:

Game #1 Regular Bingo at \$50.00
Game #2 Regular Bingo at \$50.00
Game #3 Letter X at \$100.00
Game #4 Regular Bingo at \$50.00
Game #5 Regular Bingo at \$50.00
Game #6 Little Joe at \$100.00
Game #7 Regular Bingo at \$50.00
Game #8 Regular Bingo at \$50.00
Game #9 Jackpot - Big Joe at \$150.00
Total Prize Money: \$650.00

CKON Radio Bingo Card Distributors:

Atomic Place - Four Corners - Hogsburg - 358-2901
Buckshots Store - St. Regis
Burns Truckstop #9 - Rt. 37
CKON Radio Building - See Below
CT's Store - St. Regis Road
End Of The Trail - St. Regis - 575-2897
Hammill's General Store - Roosevelttown
Iakhihsothha - Snye
In and Out Convenient Store - Rt. 37
Jock's Store - Cornwall Island
MCA Admin. I - St. Regis
MCA Admin. II - St. Regis
MCA Admin. IV - St. Regis
Mitchell's Store - Snye
Mohawk Video - Rt. 37 Hogsburg
Village Bakery and Deli - St. Regis - 575-2598
White's Diner - Rt. 37 Hogsburg
Wolfpack Giftshop - Rt. 37 State Rd. - 358-4285

Price of CKON Radio Bingo Cards:

\$5.00 Canadian fund ONLY for the full sheets (Six blocks)
\$2.00 each Canadian or U.S. funds for the half sheets (Three blocks)
These cards are used for the 50/50 community bingo game.
Winner receives half of total money in from sales of this card.
50/50 Receipt: CKON BINGO FUND!

CKON Phone Nos.
613-575-2100 or 575-2101
518-358-3426 or 358-3427

Salamanca Stops Rent Payment to Seneca

Salamanca has stopped payment on its \$750,000 annual rent check to its landlord, the Seneca Nation of Indians, continuing a battle over a new lease that went into effect a year ago.

The 40-year lease replaced one in effect of nearly a century under which residents paid the tribe as little as a dollar a year in rent. Residents now are expected to pay several hundred dollars a year.

Opponents said the new lease gives the Seneca's too much control over their homes and businesses.

Mayor Jerry Lockwood presented the rent check February 21 to Seneca leader Calvin John in a ceremony that seemed to signal better relations between the two sides.

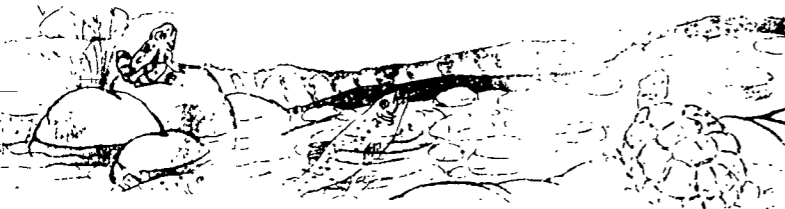
But a day later, city officials learned that Senator Daniel Inouye, D-Hawaii, who heads the Senate's Indian Affairs Committee, had rejected requests for a congressional hearing on the lease.


City officials had counted on help from Congress to mediate the lease dispute. Angry over Inouye's rejection, the city Council voted to rescind the payment.

"It is clear we cannot work with the city if the city Council cannot keep its work," said Seneca leader Calvin John.

The \$750,000 check covered 1992 lease payments for about 97 percent of all residential and business property in the city. The remaining 3 percent are people who have refused to pay on principle and are challenging the payments, or who can't be located.

Source: Talking Leave, Volume 5 No. 3 1992






**RATINONWARAHERAH
ELECTRICAL**

Hours: 8:30 - 4 p.m.
Located Old Bus Garage

"Local Graduates of
Electrician Course"

(613) 575-2068



PARTRIDGE DRUM
OF AKWESASNE
VIOLET NAYTOWHOW

(518) 358-9018 Bus. Ht. 37, White Rd.
(315) 764-0991 Home Hogsburg, NY 13655

FUNDRAISER

Saturday, April 11, 1992

At the Mohawk Longhouse
Akwesasne

7:00 p.m. - 10:00 p.m.

Social and Baked Goods Auction

All Proceeds To Fund New Longhouse

Come and Enjoy Yourself!!