



WOULDN'T YOU KNOW IT? President Ronald Reagan (above left) portraying a young George Armstrong Custer in the 1940 Warner Brothers film "Santa Fe Trail." Cavalry officer on the right is portrayed by Errol Flynn.



SMITH FIGHTER (A) FIRES MISSILE (B). MISSILE DESTROYS INDIAN AIRLINER (C). INDIAN GETS PRESIDENTIAL MEDAL (D). AIRLINER FALLS TO EARTH, KILLING PRESIDENT (E). MISSILE-CRASHES TO EARTH (F) AND DESTROYS AMERICA AND LEAVES IN-1 MISSILE (G) OFF THE GROUND, PLACING THE PRESIDENT (D) AND AIRLINER (E) IN THE SKY. MISSILE (H) DESTROYS CHILDREN'S HOSPITAL IN OUTRAGE.

SMITH, PHILADELPHIA INQUIRER



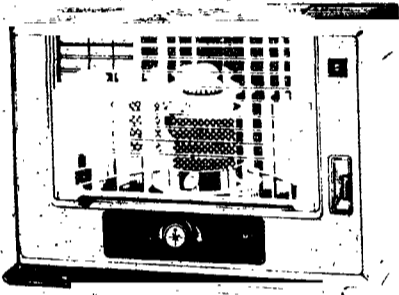
'It's bizarre. We all learn Spanish and then they ship us to Lebanon.'

Old Man Winter Is Coming Early This Year!

Save Money With A Portable Kerosene Heater From Dwyer's
NEW LOW PRICES!!

Kerosun Heaters

Radiant 8	\$149.95
Radiant 10	169.95
Radiant 36	189.95
Director	249.95
Sunstream	259.95
Moonlighter	159.95
Omni 15	29.95
Omni 85	179.95
Omni 105	199.95



KEROSUN.

Koehring Heaters

KRB93	\$125.00	KLH 120	159.95
DCM 120	149.95	KCM 200	199.95

KOEHRING.

DWYER'S

Home Improvement Center
North Bangor 483-7500

CRADLEBOARD NURSERY

Starting this month, the Cradleboard Nursery will pick up returnable bottles and cans on the third Saturday of the month. If you are interested in this means of fund raising, please call 358-9010 and we will go to your house and pick up the bottles and/or cans.

ISTA'S BASKETS & FLOWER SHOP

Penwood Florists
"Your Christmas Decorations Centers"
Now taking orders: X-Mas Trees, wreaths (fresh or artificial, plain or decorated), poinsettia plants, christmas centerpieces (silk or fresh)
"ORDER EARLY"
Assortment of Baskets
—OPEN DAILY TIL X-MAS—
—WE DELIVER—

Ista's
518-358-2749

Penwood's
518-358-9739

"HILLTOP CATERERS"

2-DAY NOTICE REQUIRED

"COMPLETE" "HOME-COOKED MENU"



"SAVE TIME AND WORK - ONE CALL PLANS ALL"

We specialize in servicing to groups of 15-50 for any occasions

- * SHOWERS
- * BIRTHDAY PARTIES (all ages)
- * HOLIDAY PARTIES
- * SMALL WEDDINGS
- * ANNIVERSARY PARTIES
- * AND ALL OTHER OCCASIONS

"BUFFET STYLE" — NO DELIVERY CHARGE

— Menu includes hot & cold specialties —
Call ahead for reservations, menu information and our complete price list.

Contact: Eddie & Lorraine Gray 1-518-358-9568

TSI KANATA RONI

"Where the bread is made"

OPEN: Wed, Thurs, Friday - 8 am to 7 pm.
Saturday - 10 am to 1 pm.



- * Fresh Bread Daily *
- * White * Whole Wheat * Raisin *
- Rolls to be made on Order —

Located by the Akwesasne Freedom School
Call 358-2073 Project of A.F.S.

THE TSIKANATARONI BAKERY IS LOOKING FOR A MANAGER/SALES REPRESENTATIVE

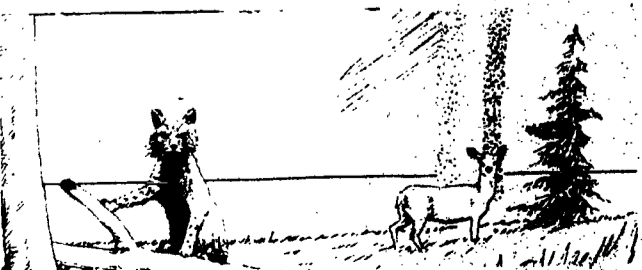
Qualifications:

- Strong sales background
- Experienced in Accounting/Bookkeeping
- Must have own car
- Willing to work odd hours
- Salary to be discussed, (travel/20¢ a mile)

Deadline: DECEMBER 7, 1983

Submit Applications to:

AKWEASNE FREEDOM SCHOOL



Friday Night Mixed League Standing — AKWEASNE ROLLERS —

(Week of 11/18/83)

TEAM STANDINGS	WON	LOST	TOTAL PINS	SCRATCH
Mohawk Video	30	10	21002	
Akwesasne Notes	28	12	21585	
Gardners	27 1/2	12 1/2	20997	
Akwesasne Sportsmens Club	24 1/2	15 1/2	21025	
Dennis White & Co.	23	17	20803	
Cooks	21	19	20702	
Akwesasne Mobil	21	19	20508	
Pat & Rays	18	22	20752	
Shafts	18	22	20442	
Lupholes	15 1/2	24 1/2	20372	
Jocks Electric	15 1/2	24 1/2	20250	
Bowlmor	13	27	20539	
Janes Gang	13	27	20327	
Truckstop #12	28	26	20099	

HIGH SERIES		HIGH GAME		HIGH AVERAGE	
Women	Score	Women	Score	Women	Score
Shirley Pitts	548	Shirley Pitts	232	S. Pitts	157
Rose Riley	622	Shirley Pitts	252	L. Swamp	157
Men	Score	Men	Score	S. Thompson	157
Tim Jock Sr.	594	Jerry Cook	237	Men	Score
Jim Ransom	677	Jerry Cook	257	Jim Ransom	168

— TOP SIX TEAMS —

MOHAWK VIDEO	AKWEASNE SPORTSMENS CLUB
Phillips, G.	Bero, B.
Ransom, J.	Cook, L.
Jock, C.	Riley, R.
Jock, T.	Cook, M.
AKWEASNE NOTES	DENNIS WHITE & CO
Cook, B.	Mitchell, T.
Jackson, C.	White, C.
Cook, E.	Ransom, J.
Cook, J.	White, C.
GARDNERS	COOKS
Point, N.	Cook, W.
Phillips, A.	Cook, J.
Swamp, L.	Cook, M.
Swamp, M.	Cook, H.

COMFREY

Symphytum Officinale

COMMON NAMES: Gum plant, healing herb, knit bone, and nipbone.

FEATURES: Comfrey is a perennial with a stout spreading root, brownish-black and wrinkled, the stem about 3 ft. high and large, coarsely hairy, egg to lance shaped leaves, with wavy edges. The flowers range in color from blue-purple, yellow, white or red tubular flowers, are less than 1 inch long and are borne in colled clusters. They have five stamens and the fruit consists of four shiny brown to black nutlets which can be seen in August. It flowers in May and June and grows by riversides and in most moist places. The root contains a large amount of agents that act as a soothing and cooling agent to inflammations. The root is also very rich in easily assimilated organic calcium.

MEDICINAL PARTS: Roots and leaves, (syrup or poultice of leaves)

SOLVENT: Water.
USRS: Demulcent, Astringent. Native Americans have utilized the medicinal comfrey as an additional agent along with other natural plants. In cases where internal bodily functions are weakened or injured to the degree of showing a bloody discharge either by splitting or through the bowel or uterine tracts, comfrey will prevent serious complications by healing the tissue and easing the pain of the involved areas of bones, tendons, ruptured lungs and other delicate cells. Comfrey is also used as a soothing agent and a stimulant to the mucous membrane of the respiratory organs and to help release the build-up or harden mucous fluid, thus aiding and relieving the bronchial tubes.

A syrup made of equal parts of Comfrey and Elecampane (Elf Dock, Scabwort, Velvet Dock, Aunee) is an excellent remedy for coughs, consumption, and all affections of the lungs. In 1963 "Nature's Healing Agents," by S. Clymer writes "numerous uncontradicted reports of lung cancer cured where all other means have failed and in which the sole treatment consisted of infusion made from the powder of the entire plant."

Ononkwasonha

FOR THE PURPOSE: Of cleansing the entire system of impurities and establishing a normal condition, comfrey is useful in arthritis, gall-stones stomach conditions, asthma, ulcerated tonsils, and in some cases various forms of cancer, ulceration of the kidney, scrofula, anaemia, dysentery, diarrhea, leucorrhoea and female debility.

For more information on the comfrey plant read pages 92-94, of the Indian Herbolgy of North America, by A.R. Hutchens. This book is available at Akwesasne Notes bookstore.



(from INDIAN HERBOLOGY OF NORTH AMERICA, by Alma R. Hutchens, available at Akwesasne Notes/Indian Times book store for \$14.95)