

**GONE INDIAN**  
by Robert Kroetsch  
In the third novel of his acclaimed "Out-West" trilogy, Governor General's Award-winning novelist Robert Kroetsch satirizes the conventions behind the traditional "quest-novel" and confirms his reputation as one of Canada's finest contemporary novelists.  
1973 - \$7.95

**QUESTO**  
**Pacheenaht Chief** by Bir-thright  
by Chief Charles Jones with Stephen Bosustow  
Born in 1876, Chief Charles Jones, thought to be the last of the pelagic seal hunters is hereditary Chief of the Pacheenaht people of Vancouver Island's West coast. This memoir is compiled in co-operation with well-known film producer and animator Stephen Bosustow, famous for his Mister Magoo cartoon series. A fascinating odyssey reliving the transition of his people from the traditional Indian to the modern Canadian way of life.  
1981 - \$12.95

**MIRRNA and the MAR-MOTS**  
Written & Illustrated by Peggy Capece  
A fascinating fairy tale involving two endangered species - Vancouver Island White-nosed Marmots and Fairies.  
1982 - \$5.95

**TEACHINGS OF THE TIDES**  
Uses of Marine Invertebrates by the Manhouzat People  
by David Ellis and Luke Swan  
A unique combination of science and mythology, cataloguing over fifty species of marine invertebrates, insects, reptiles, amphibians and supernatural creatures found on the western shores of Vancouver Island.  
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Stories from the Coast Salish  
by Ellen White  
A collection of five children's stories translated from Coast Salish by Nanaimo's well-known storyteller. In each story, the young reader travels on a journey through both nature and the supernatural to discover one of life's lessons, as they were once revealed to Salish children by their traditional storyteller. Illustrated by Nootkan artist Vincent Smith.  
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**GARAGE SALE** - 3 families, starts Thursday at Lillian Herne's on State Road. Appliances, clothing, and many other items.  
**HAPPY 66th BIRTHDAY**, on October 3, 1983 to Theresa Oakes, from the Snye Homemakers Club.

**READERS:** Do you have items for sale or announcements to make? Use our low cost classified ads. For only \$2.00 you can place your ad in one of the following classified sections:  
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Format Size	Ad Size	Price w/o Graphic	Price w/Graphic
Classified	1 X 1 3/4	\$ 2.00	-
Business Card	2 X 3 1/4	\$ 10.00	10% \$ 10.00 Min. Fee
1/8 Page	5 1/4 X 7 1/4	\$ 40.00	\$ 44.00
1/4 Page	7 3/4 X 10 3/4	\$ 75.00	\$ 82.50
1/2 Page	15 X 17	\$150.00	\$165.00
Full Page	15 3/4 X 21 3/4	\$300.00	\$330.00

For further information contact Pat Thomas, Advertising Dept. 518-358-9535

**WANT TO EARN EXTRA MONEY?**

Become a newspaper carrier for INDIAN TIME. With parents permission we will allot a certain number of papers to carriers. The price per copy is 50 cents. You keep 10 cents for every copy you sell, and pay us 40 cents. We'd appreciate hearing from all areas of the reserve, Snye, Cook Road, Cornwall Island, St. Regis Village, State Road, etc. Now is your chance to make some summer spending money. If interested call 358-9531 and ask for Rosie.



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Starting Friday Oct. 14, 1983

**AREA DEATHS:**  
Indian Time staff extends their deepest sympathies to the families of:  
Valerie Bova, 20, of Cornwall Island, September 24, 1983.  
Charlotte Cook, 60, of Cook Road, September 25, 1983.  
Bill Mitchell, 36, of State Road, October 2nd.

**ATTENTION: CORNWALL ISLAND-AKWEASNE-ST. REGIS-HOGANSBURG-ROOSEVELTOWN-AND MASSENA AREA**  
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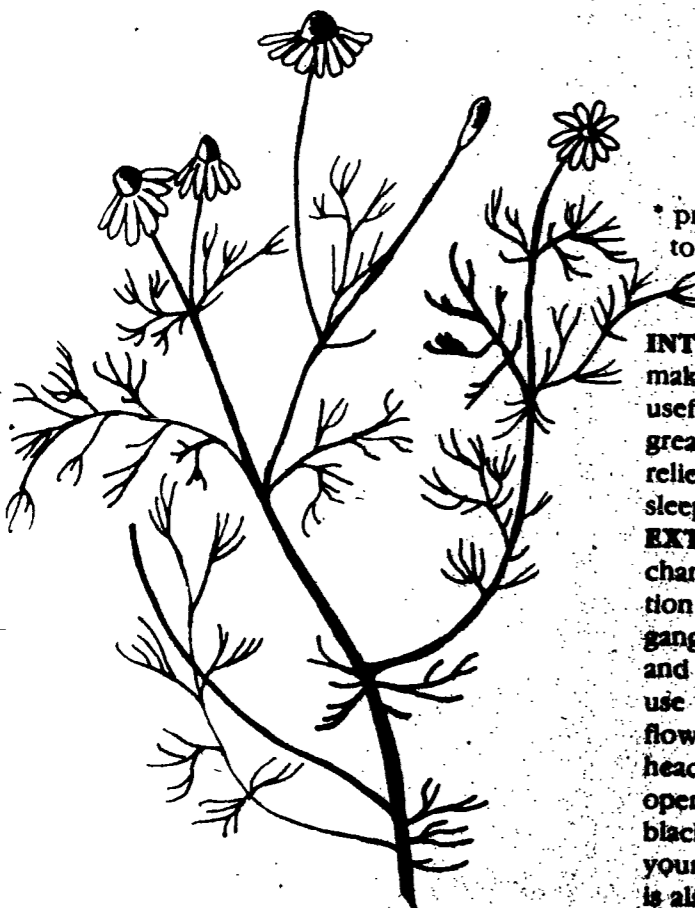
\$161.95

**CHAMOMILE**

*Anthemis nobilis*

COMMON NAMES: Roman chamomile, garden chamomile, ground apple.

**FEATURES:** Chamomile is a small yellow or whitish daisy-like perennial that can be found growing just about everywhere; in fields, along the side of the road, on your front lawn. The chamomile plant has a strong aromatic apple smell and is bitter to the taste.



**Ononkwasonha**

— Aroniaawi

**PARTS USED:** The herb and the flowers.

**SOLVENT:** Water and alcohol.

**INTERNAL USES:**

- as an aid in digestion
- as a sedative
- helps to relieve stomach pains
- for relief of colic symptoms
- as a home remedy for earaches
- eases symptoms of measles
- helps to relieve menstrual cramps
- as an aid to heal body sores.
- a tonic for restlessness

\* promotes a delayed menstrual flow, especially if due to a cold

**INTERNAL USES:** Steep the chamomile flowers to make a tea that will calm irritated nerves, especially useful as a tonic for hyperactive children. The tea is great for all causes of stomach disorders, helps to relieve gas, produces perspiration, and helps to induce sleep.

**EXTERNAL USES:** A hot poultice made from chamomile flowers will help to reduce the inflammation of sores and swellings. It is also said to prevent gangrene. The steeped herb can also be used to lighten and add golden highlights to mousey brown hair. For use as a facial, pour boiling water over chamomile flowers placed in a basin. Drape a large towel over your head and basin to allow steam from preparation to open up facial pores. This will help to release blackheads. As a mosquito repellent, splash tea over your face, hands, arms and feet. The sweet apple smell is also usually repugnant to flies and gnats.

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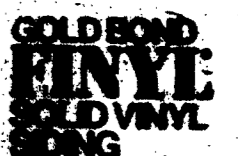
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