

THEYTUS BOOKS: - "Preserving for the purpose of handing down."

THEYTUS BOOKS Penticton, B.C. Theytus Books is Canada's only Indian owned and operated trade publishing company. The name is a Coastal Salish word which means "preserving for the purpose of handing down." Randy Fred, publisher, says one aim of the company is to "fulfill a moral commitment to publish books that will improve the image of Indian people."

Theytus Books first opened its doors in Nanaimo, B.C. in 1981, and moved to Penticton in 1982 after being bought by a partnership of the Okanagan Tribal Council and the Nicola Valley Indian Administration. Over the last two years, Theytus has published seven books for commercial distribution, and taken over distribution of the Okanagan Indian Curriculum Project materials.

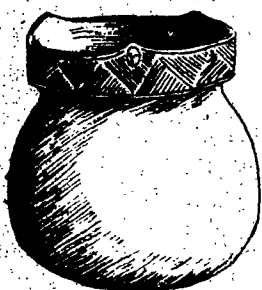
Created for the sole purpose of encouraging a better understanding of Okanagan Indians in the local schools, the curriculum project began developing material in 1979. Since September of 1982, the Okanagan Indian Curriculum Project materials has been in

use in every school district in the Okanagan, from Kindergarten through grades Six. Since Theytus Books has taken over distribution, the primary materials have been sold in the United States, Europe and even Mainland China. The secondary material (Grades Eight to Eleven) is scheduled for implementation and distribution by the fall of 1983.

"Home Like Me," will teach Grade Ten students how the Indian Act controls and regulates the lives of Indian people; and the Grade Eleven novel "Slash," covers the time period from 1960 to 1983 -- a time of rebirth for many Indian people as well as Indian culture.

Also scheduled for publication in 1983 are "Close Harmony," a book about Penticton's Tune-agers and "Renewal," a fantasy novel involving Sea People and Land People.

Several titles are planned for 1984 including: "The Art of George Clutesi"; "Forgotten Soldiers," which is about Indian people's involvement in the two World Wars and



the Korean War; a collection of short stories is in the works by Major John Richardson, which was published in the late 1900's.

The company is now marketing the Okanagan Indian Curriculum Project school texts ranging from grades Kindergarten to Eleven. Materials include: Teacher and Student Resource Guides; audio-visual presentations; video productions and sixteen millimetre films of professional quality.

Several children's books based on Okanagan legends have evolved from the Project. Some titles include: "Food Giving"; "Name Giving"; "Neekna and Chemai" and "Turtle Legend". Each book contains a lesson hidden in a pleasant tale, and presents the Okanagan world perspective through a child's eye view. Illustrations were provided by Kenneth Edwards, of the Colville Tribe.

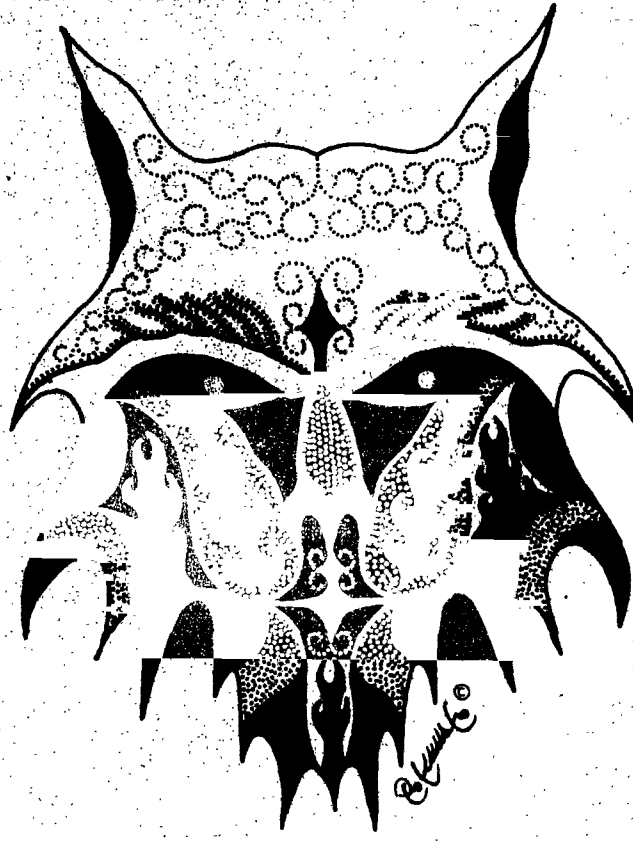
These books will be available by the fall of 1983.

Theytus Books is also publishing four secondary level (Grades Eight to Eleven) historical novels from the Curriculum Project. Each novel covers a slightly different period of Okanagan history.

"Visions of Darkness," the Grade Eight novel, covers the years from 1811 to 1860 and deals with the early contact period between Europeans and Okanagan. The Grade Nine novel, "Broken Circles," covers 1860 to 1910, and explains how reserves were established, along with the changes that affected the Indian lifestyle. and a book by Alice Klassen about the effects of Section 12 (1) (b) on her life and that of other Indian women. Section 12 (1) (b) is that section of the Indian Act, which takes away Indian status from Indian women who marry non-Indian.

Anyone interested in ordering books from Theytus or submitting manuscripts can send them to:

Theytus Books, Publication c/o The Old Depot P.O. Box 1989 Omak, Washington 98841



THE AKWESASNE WOLF PACK

David Richmond, Wolf Pack Team leader, is urging all runners to register for the August 6th track meet with the Onondaga Eagles. Official registries are located at easy access spots around Akwesasne. Runners can register at Chico's in Snye, Teddy Jacobs Store in St. Regis, Ahnawate Corner Store in Racquette, Bear's Den in Hogan, and of course, at the official Wolf Pack headquarters on Cornwall Island at Thompson's Snack Bar. August 6th is not far off and David is asking all people who wish to participate as runners or in field events to register with Wolf Pack as soon as possible. Volunteers are needed to help organize the meet, otherwise the runners will end up doing all the work which will take away from their already short training time.

Some food has been donated but more is needed, and volunteers are needed to coordinate the cooking.

The site for meet is still a toss-up between Racquette Point and Cornwall Island. Most likely it will be held in Racquette. Distance measurement and marking will take place this weekend. There is a possibility that teams from Six Nations, Kanawake, and Cattaraugus will be competing alongside the Eagles and the Wolf Pack. The Pack is planning to raffle off a pack basket to raise money for the Wolf Pack.

Equipment is still needed for field events in shot put, discus, long jump, high jump, and the triple jump. Running events planned for August 6th are a one mile and one half mile fun run, a one mile, two mile, three mile, five mile, six mile, ten mile and a thirteen and a half mile run. Also planned are relays in the four mile, two mile, one mile, half mile and quarter mile distances.

Wolf Pack meetings are held every Thursday at 8:00 pm at the Snack Bar on Cornwall Island. When runners show up for a meeting, they should stay put. Runners have been turning up for meetings at different (Indian) times and leaving when they see no one else there.

All folks, old and young, are welcome to join the Wolf Pack. The Pack was not organized just for teens and younguns. Parents are welcome to the Pack because the Wolf Pack is a community club.

Remember, register as soon as possible for the August 6th meet. If you have any questions, go see David at the Snack Bar on Cornwall Island. Thok nikon

NEXT GAMES: End of Season

T-Birds play Akwesasne Warriors at Water St. Arena Sat. nite, July 16th; T-Birds play the Onondaga Warriors Sun. nite at Water St. Arena, July 17th.

CAN-AM LACROSSE LEAGUE ACTION

Akwesasne Warriors were on a roll the July 4/Canada Day weekend, winning three games in a row and moving up in the standings. They beat Kanawake first 13-12, Cornwall Island T-Birds 11-10, and the Syracuse-Onondaga Warriors 12-10. Last weekend the Akwesasne Warriors travelled to Valleyfield and were beaten by the Kanawake-Mohawks 11-9. Perhaps it was the toll of the three wins the week before, or the loss of players who didn't make the trip, but there were no real excuses as the Warriors led up til the third quarter then Kanawake came back to win by 2. Meanwhile, on Sat. nite July 9th, Cornwall Island T-Birds and the Syracuse-Onondaga Warriors played to a 13-13 tie in overtime.

LOCAL 440 IRONWORKERS 5TH ANNUAL MEMORIAL GOLF TOURNAMENT

This years memorial golf tournament was held in memory of Jacob L. Cook at Yo-ha-lots, Cedar View Golf Course on June 25th. 75 Local members and representatives from all over completed 18 holes of golf and to their satisfaction enjoyed a steak dinner and cocktail hour. Music and entertainment was provided by Matthew Herne. WINNERS WERE: Cliff McComber of Kanawake with a low gross of 73 (1 over par) and Herb Kirby from Kanawake with a 74 (2 over par) for low net with handicap.

1st time in Cedar View's history HAROLD JOCK of State Road made a hole-in-one on hole #2 -- 235 yards! Other golfers with Harold at the time were Ernie Thompson, Darren Cook and Ron Thomas.

YO-HA-LOTS ENTERPRISES, INC.



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BULLET BAND plays at HERNE'S BAR-SALON 514-264-4211/9067

every Fri & Sat nite, Dundee, Quebec These are professional musicians, Mike Raymond from 2ND SHIFT, guitarist from BEAR HILL BAND & a drummer from Florida.

HERNE'S BAR-SALON Rte 123 DUNDEE, QUEBEC

BANQUETS & WEDDING RECEPTIONS

MR. T's Wine & Liquor Store
(Specializing in Chilled Wines)

Behind Eagles Tavern Hogansburg, N.Y. OPEN 10AM - 12PM Mon-Sat Prop. Paul & Veronica Tatlock

Softball Tournaments

Country Manor Womens Slow Pitch Tournament was held July 9th and 10th at the Clifford T Memorial Park on State Road.

12 teams played 16 games in 2 days with 1 1/2 hour limit per game. Teams participating were Country Manor, Mohawk Video/DJ, K of C from Ogdensburg, Duquettes from Malone, Hotel Roosevelt, Pahlers from Potsdam, C.P. Fuels, Snye Road Runners, Cupe from Cornwall, Burns, Jock's from Ft. Covington, and Eagles.

1st Place - A Division was K of C from Ogdensburg winning \$230.00.

2nd Place - A Division was Hotel Roosevelt winning \$125.00.

SCORE OF 3-0

1st Place - B Division was Pahlers from Potsdam winning \$75.00

2nd Place - B Division was Eagles Tavern winning \$50.00

SCORE OF 7-6

2 BYES drawn for A & B division in 3rd round was Hotel Roosevelt for A division and Eagles for B division.

MOHAWK POETRY:

Rokwaho: COVERS...\$3.50

Peter Blue Cloud: WHITE

CORN SISTERS...\$4.00

Karoniaktatic: NATIVE COL-

OURS...\$4.00

Maurice Kenny: BLACKROBE: ISAAC

JOGUES...\$6.95

Available thru Akwesasne

Notes



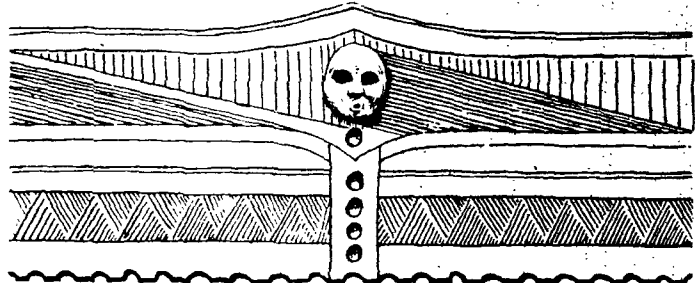
Folk Medicine: A custom of long ago was to wear a piece of onion or garlic strung around the neck. It has been proven that this is not a silly practice and that these plants produce a special chemical antiseptic for atmospheric protection and self defense.

Internal Uses: As an age old remedy for colds and croup, the onion is roasted until soft, the juice is extracted, and then sweetened with honey. It is given in dosages of teaspoonful or tablespoonful depending on the condition and age called for. Or, if desired, the whole onion can be eaten with honey. Internally, the onion increases circulation and stimulates and warms the body, causing perspiration. This perspiration helps to reduce the chest congestion and also causes the release of toxins. The onion is also effective internally and externally for treating inflamed, virus-infected lungs and swollen mucous membranes, festering tumors, and convulsions in children. A mixture of onion seeds, onion extract, honey, and rue (Ruta graveolens) boiled down can be given to a child who has worms; preferably administered on an empty stomach. A preparation of onion, rue, and honey, if taken often internally and externally, can be used as a cure for the bites of poisonous snakes and mad dogs.

External Uses: Onions have exceptional drawing power and may be used in raw or roasted form to help bruises or abscesses. As an external remedy for burns and scalds in which the skin is unbroken, use a poultice of roasted onions and a little salt. If the skin has lesions do not use the salt. This poultice draws out the heat and prevents the skin from blistering. Roasted onions placed directly on a painful or swollen joint will help ease the pain. A slice of onion will immediately relieve the pain of a bee sting.

Other Uses: Since freshly cut onions easily absorb bacteria, they can be placed in a sickroom for this purpose. However, note that this means for cooking purposes, onions should always be completely covered and kept in the refrigerator. Based on clinical observations, the onion is an effective remedy on the following ailments: Hayfever, Hernia, Influenza, Whooping Cough, Diarrhea, Cold, Cough, Laryngitis, Pneumonia, Trauma, Felons, Yellow Fever, lesions in anus tissues, facial paralysis, nasal discharges, smarting eyes, and earaches.

— Aronizawi



ONCHIOTA MUSEUM

Six Nations Indian Museum Onchiota, N.Y. 1/2 mile from Buck Pond Camp Site

Four rooms of Iroquoian artifacts of contemporary and historic nature. Lectures presented giving the chronology of dramatic events leading to the foundation of the Iroquois Confederacy. Lecturer will, upon presenting the history of the Confederacy, expound on contemporary issues caused by the multi-national institutions, exploitation of Native Peoples and the animal life of this earth.

Curator and Lecturer: Ray Fadden

Admission: Adults - 75¢ Children - 40¢

Ononkwasonha

ONION (Allium cepa)
Common name: Onion

Features: The onion is a bulbous, rooted biennial herb that is found throughout the world. The bulb is rich in carbohydrates and reducing sugars (saccharine). Onions can be planted as soon as the ground is workable. Best time to pick: between July and August.

Medicinal Part: The bulb.

Dissolves in: Water.

Bodily Influences: Stimulant, Condiment, increases secretions and flow of urine, releases gas from the bowels and intestines, and helps to loosen up phlegm.

